

# Annual Report

2022

HumanKind





OUR MISSION —

Strengthen individuals, families and communities through care, counseling and education.

OUR VISION —

We envision a compassionate society where every person is valued, families are healthy and communities prosper.

2022 Board of Directors

<b>Chalmers M. Nunn Jr., MD</b> Executive Coach, Retired Gastroenterology of Central VA Chairman of the Board	<b>Ross Folkenroth</b> Woodforest National Bank	<b>Floyd Miller, II</b> The Metropolitan Business League	<b>Jennifer Tugman</b> Lynchburg Garden Club
<b>Carolyn Jacques</b> Retired, Centra Women and Children's Services Vice Chairman	<b>Sasha Furdak-Roy</b> Columbia Gas of Virginia	<b>Karl Miller</b> Karl Miller Realty	<b>Greg Wormser</b> Chief, Lynchburg Fire Department
<b>Stephanie Babkow</b> Pacific Life	<b>Jennifer Huffman</b> Atlantic Union Bank	<b>Tracy Richardson</b> VCU Health System	
<b>Mary Colleen Beers</b> Capital One	<b>Mark Johnson</b> Truist Bank	<b>Keisha Smith</b> DeKalb County Government	
	<b>Muriel Mickles, PhD</b> Central Virginia Community College	<b>Raine Syndor, III</b> Retired, Commercial Real Estate	

Dear Friends,

As we reflect on the past year, I am filled with a deep sense of gratitude and accomplishment. Despite the numerous challenges that 2022 brought our way, we persevered and continued to make a significant impact in the lives of vulnerable children and families in our community. In this Annual Report, you will see highlights of our journey overcoming obstacles and meeting the needs of those we serve.

Challenging times and struggles continued for many people throughout the Commonwealth. Fallout from the COVID-19 pandemic, economic instability, and other unforeseen circumstances tested our resilience and commitment. I am incredibly proud to say that we continued to evolve, adapting our programs and services to ensure the well-being of children and families remained our top priority.

In 2022, we continued to see a high demand for help. Families faced job losses, housing insecurity, and food shortages, amplifying the struggles they already faced. It was disheartening to see the devastating impact these challenges had on the most vulnerable members of our community. We stayed focused on our efforts, working tirelessly to bridge the gap and offer a beacon of hope in their darkest moments.

We made significant steps this year to help families. An additional Early Head Start center in Lynchburg opened and now allows us to offer free childcare to 89 children and wrap around support services for the whole family. We expanded our Economic Opportunity services to meet the current needs of families striving to find financial stability through job training, financial coaching, and vehicle loans. Many of these interactions were triage to help people navigate immediate needs. Additionally, mental health became a critical concern as the prolonged crisis took a toll on everyone. We continued to offer in-person and teletherapy counseling to ensure that emotional well-being remained a priority. Our dedicated team of professionals have



provided a lifeline of support and guidance all year. We know that not every journey looks the same. Our team does an incredible job striving to meet clients where they are in life – and help them chart a course to achieve their goals.

None of these accomplishments would have been possible without your unwavering support. Your generous donations and contributions made a tangible difference. Your belief in our mission enabled us to rise above the obstacles and make a lasting impact on the lives of those we serve.

We understand that the recovery process will be ongoing, and we are determined to continue providing vital support and resources. With your continued support, we can ensure that no child or family is left behind and that our community emerges from these challenging times stronger and more resilient than ever before.

I invite you to delve into our annual report, and see our collective impact over the last year. Together, we can make a difference and create a brighter future for our community.

*Thank you for your unwavering support and belief in our mission.*

**Stan Southworth**  
President and CEO, HumanKind



# Organizational Impact

17,557

Individuals served

97%

Clients LMI  
*(Low and Middle Income) Defined as having income levels lower than 80% of the area median income*



## DEMOGRAPHIC

57% African American

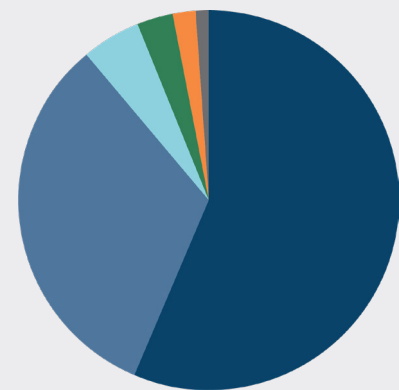
33% Caucasian

5% Hispanic or Latino

3% Multiracial

2% Other

1% Asian



## LEVEL OF EDUCATION

39% High School Diploma/GED

18% Some College

17% In High School or Lower Grade

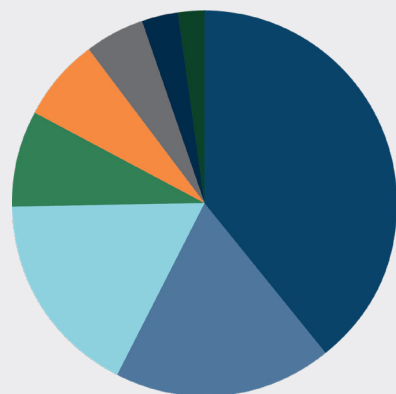
8% Associates Degree

7% BA/BS

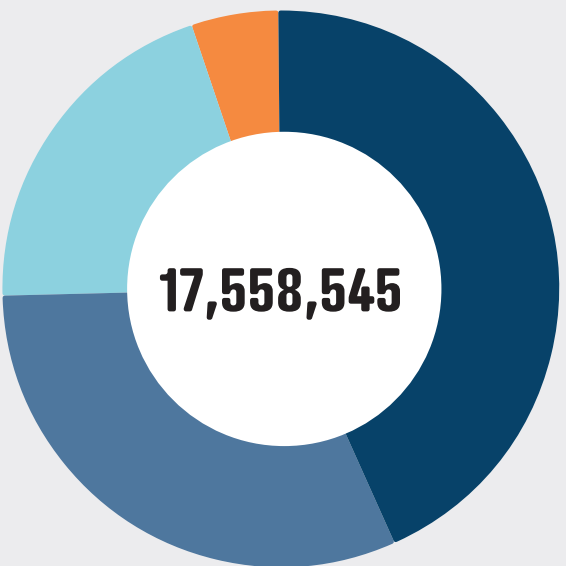
5% Completed Some High School

3% Vocational certificate/credential

2% Masters Degree



# Financial Overview



## OPERATING EXPENSES

43% Community Based Services

31% Residential

20% Administration

5% Development

## OPERATING REVENUE

31% Medicaid

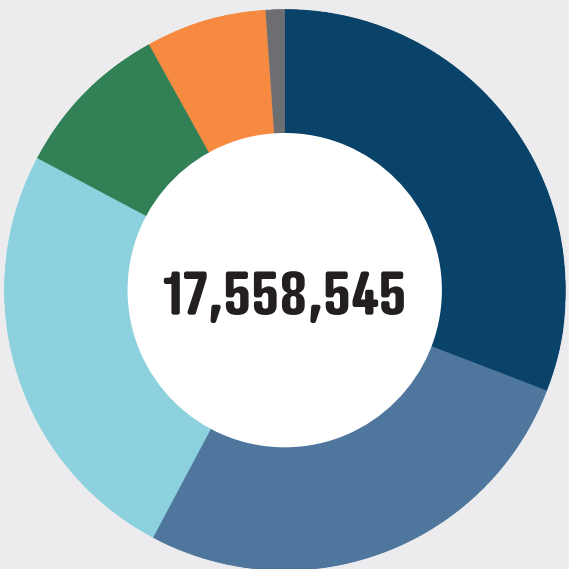
27% Grants

25% Program Income

9% Investment from Reserves

7% Contributions/Trusts

1% Other Income



\*These numbers are unaudited For more information and to view our audited financials please visit:  
[humankind.org/annual-reports-financials/](http://humankind.org/annual-reports-financials/).

# 2022

## Highlights

### by Impact Area:

- ◆ YOUTH & FAMILY SERVICES
- ◆ EARLY CHILDHOOD DEVELOPMENT
- ◆ DEVELOPMENTAL DISABILITIES
- ◆ MENTAL & BEHAVIORAL HEALTH
- ◆ ECONOMIC OPPORTUNITY
- ◆ HEALTH AND WELLNESS

#### ◆ YOUTH & FAMILY SERVICES



Our treatment foster care program trains and supports loving foster parents to provide around-the-clock care for at-risk children who have been removed from their homes.

Number of children served through each location

40	53
Bedford	Danville
54	21
Lynchburg	NOVA
10	1
Richmond	Portsmouth



The Motherhood Collective equips and empowers women from preconception - postpartum through free, evidence-based education and social support programming.

236	72
Individuals served through in person services	Motherhood support events

#### Life Skills for Incarcerated Women

This program offers life-skill classes to women currently incarcerated in our region, and then provides additional support as the women transition back into the community.

51  
Women served



◆ **EARLY CHILDHOOD DEVELOPMENT**

**Parent Child Nurturing Classes:**

These eight week nurturing parenting classes are offered in certain communities and bring together the whole family to address areas of communication, expectations, and family roles.

**719**

Family Partnership  
meeting clients

**19**

Parent/Child  
Nurturing &  
One-Night clients

**22**

Parenting  
Sessions



Healthy Families is a home-visiting service that supports new parents prenatally through the child's fifth birthday by focusing on positive parent-child interactions and providing education related to healthy development and family functioning.

**112**

Clients

**6,434**

Tele-visits

**314**

Family Members  
Served

**1,594**

Home visits  
completed



HUMANKIND

**Early Head Start**

HumanKind's Early Head Start provides support for parents and free, full-time child care for infants and toddlers in Bedford and Lynchburg. This program provides tools and resources to parents of children ages 0-3 at home and in our centers so that they can build a strong foundation for life. EHS also aims to elevate the quality of child care across our region by offering comprehensive training opportunities and resources to educators including the Child Development Associate class, interactive workshops, and individualized coaching plans.

**89**

Children enrolled  
in the program

**94**

Parents enrolled  
in the program

**In 2022, students were:**

**6%**

Homeless

**10%**

In foster care

**55%**

Living under 50% of the  
federal poverty level

**24%**

Children with disabilities



◆ DEVELOPMENTAL DISABILITIES



HUMANKIND  
ADULT SERVICES

6

Group home residents

70

Sponsored homes residents

Our adult group homes provide 24-hours supervision and support, and serve individuals with developmental disabilities by providing opportunities to pursue their goals and interests, promoting productive and meaningful lives.

Our sponsored homes program places individuals with developmental disabilities in the home of a loving family providing individualized support and the opportunity to experience life in a community setting rather than in a state institution or group home.

◆ MENTAL & BEHAVIORAL HEALTH



80%

Blackwater Counseling's clients are low-income (as established by HUD, which defines low-income as a household income at 80% or less of area median income).

271

Individuals served

167

Initial assessments

3,919

Counseling hours

44

Anger management class participants

Offers acceptance and support with therapy tailored to the unique needs of each individual served. Counselors use an integrative, person-centered approach, and use evidence-based therapies to meet the needs of individuals, couples, and families in care.

◆ ECONOMIC OPPORTUNITY

15,695

Total clients served

Ways to Work:

The Ways to Work loan program helps working individuals with challenging credit histories obtain financing for reliable transportation.

2,958

Hours of financial coaching

71

Loans approved

1,729

Individuals served

527

Financial education hours

424

Workshop hours

96.3%

Loan success rate

Employment Navigation and Workforce Development:

This program connects adult participants with employment and training opportunities.

4,999

Individuals served in Greater Richmond

8,048

Individuals served in Roanoke

4,346

Individuals served in Lynchburg

Financial Navigation:

Financial Navigators help residents triage their financial issues, identify immediate action steps, and make referrals to public programs and services.

610

Clients Served

Financial Opportunity Center:

The Financial Opportunity Center works with individuals to establish and build long-term financial and career goals by combining employment coaching, financial education and access to supportive services.

126

Financial Coaching Sessions

204

Employment Coaching Sessions

74

Income Supports Coaching Sessions

27

Workshops Held



Facilities

2,784

Pool Visits

1,594

Gym Visits

8,775

Campus Visits



LYNCHBURG  
**TURKEY  
TROT 5K**

PRESENTED BY SCOTT INSURANCE

3,106

Participants for the Lynchburg  
Turkey Trot for HumanKind

86%

In-Person

14%

Virtual from anywhere

November 24, 2022



HUMANKIND  
**Golf Challenge**

74

Golfers participated,  
2022 HumanKind Golf Challenge.

Magnolia Green Golf Club in Richmond  
September 8, 2022





# 2022 Partners and Donors

Thanks to our many donors for your financial and in-kind support in 2022 (January 1, 2022-December 31, 2022).

## CHAMPION CIRCLE (\$1,000,000+)

Office of Head Start

## PLATINUM CIRCLE (\$500,000+)

Workforce Development Board Central Region

## DIAMOND CIRCLE (\$250,000+)

Henrico County

Virginia Department of Health

Virginia Department of Social Services

Truist Financial Corporation and Truist Charitable Fund

## VISIONARIES (\$100,000+)

City of Richmond City Treasurer’s Office and the Office of  
Community Wealth Building

Estate of Sadie L. Kennedy

## STEWARDS’ COUNCIL (\$25,000+)

American Electric Power Foundation

Bedford County Department of Social Services

Capital One

Centra

Chesterfield County

Community Foundation for a Greater Richmond

Herndon Foundation

Jessie Ball duPont Fund

Louise Boyd Robinson Trust

Marietta McNeil Morgan & Samuel Tate Morgan, Jr. Trust,  
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Nellie Wilson Trust

Pacific Life Foundation

Presbyterian Foundation

Scott Insurance

The Jackson Foundation

United Way of Central Virginia

United Way of Greater Richmond & Petersburg

Virginia LISC

Wells Fargo Foundation

WTVR TV CBS 6

## FOUNDERS’ COUNCIL (\$10,000+)

Appomattox Department of Social Services

Bank of the James

Bernard E. and Edna B. Bain Trust

Camp Foundation

Capital One West Creek

NiSource Charitable Foundation/ Columbia Gas

First Citizens Bank

Franklin Southampton Charities

Mr. Harold R. Gardenhour, Jr.

Mr. and Mrs. Paul A. Gottlieb

Greater Lynchburg Community Foundation

Dr. Joy Hilliard and Dr. Timothy Courville

City of Lynchburg Office of Economic  
Development & Tourism

Piedmont Community Health Plan

Pam and Raine Sydnor, III

## TRUSTEES’ COUNCIL (\$5,000+)

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Program

Anita and Joe Bowman

Campbell County Department of  
Social Services

E. L. Carrington Trust

Anonymous

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Carolyn and Bob Creekmore

Myra and Bob Dendy

Dodson Pest Control

Charles P. & Pearl B. Harris  
Scholarships

Becky Hawkins

Carolyn and Richard Jacques  
Member One Federal Credit Union

Minnie E. Knight Trust

Mr. and Mrs. Chanh Loc Nguyen

Mrs. Toni Nigh

SouthState Bank

The Al Stroobants Foundation

The Titmus Foundation

Traditional Midwifery of Lynchburg

United Bank

Virginia Fertility & IVF

Walter J. Payne Foundation

Watt Foster Family Foundation

Watts Petroleum Corp

WSET TV





**BENEFACTORS’ SOCIETY (\$2,500+)**

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Atlantic Union Bank  
Anonymous  
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Kathy and. Gary Brown  
Campbell Insurance  
Alissa and Josh Cassidy  
Central Virginia Community College  
Shirley and Jim Creasey  
Charles S. Dice Trust U/W  
Enterprise  
Enterprise Holdings Foundation  
Fleet Laboratories  
Flowserve  
Food Lion Feeds Charitable Foundation  
Sasha Furdak Roy  
Mrs. Dot Grandstaff  
Helen E. Yoder Charitable Trust  
James River Landscaping, Inc.  
Karl Miller Realty  
Mrs. Katherine R. Kopp  
M S International, Inc./ Sarva Mangal Family Trust  
Mann Dryer Vent Cleaning LLC  
Dr. Muriel B. Mickles  
Estate of Dr. Rev. Jerry Newbold, Jr.  
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James and Melissa Partridge  
Petersburg Third Presbyterian Church Endow-  
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Presbytery of Shenandoah  
Rempfer Construction, Inc.  
River Church  
Robinson, Farmer, Cox Associates  
Jeff and Karan Rowan  
Cathy and Matt Sackett  
Second Presbyterian Church of Richmond Virginia  
Synod of the Mid Atlantic  
The Northern Trust Company  
Virginia Credit Union League  
Woods Rogers Vandeventer Black PLC

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Anonymous  
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Asgard of Maryland Foundation  
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Margaret and Breck Berkey  
Blackstone Presbyterian Church  
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Mrs. Joan Bundy  
BWX Technologies, Inc.  
Chesapeake Bank  
Chestnut Hill United Methodist Church  
Coleman Adams Construction, Inc.  
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Diamond Hill Presbyterian Church  
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Exchange Club of Lynchburg  
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Mr. Matt Fore  
Gabe’s  
Grand Provisions  
Elizabeth and Eric Hansen  
Holy Trinity Lutheran Church  
Alisa and Arnulfo Jacinto, Jr.  
Jamerson Lewis Construction  
Anonymous  
Phyllis Krehbiel  
Kroger Community Rewards  
Jane Larkin  
Mr. and Mrs. William A. Leasure, Jr.  
Etta Legner  
Liberty University Debate Team  
Gene and Sandy Mandrick  
Jerleen and Benny Marston  
Anonymous  
Metropolitan Business League  
Angie Miller  
Moore & Giles, Inc.  
Nelson Harris Lewis Scholarship Fund  
Jennifer Nelson  
Mr. and Mrs. Chanh Hien Nguyen  
Mr. Chanh Minh Nguyen  
Niagara Bottling

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Katy and Chal Nunn  
Peaks Presbyterian Church  
Pinnacle Financial Partners  
Presbytery of the Peaks  
Mr. Ron Rebman  
Rehabilitation Associates of Central Virginia, Inc.  
Review Wave  
Schewel Furniture Company  
Brittany and Ethan Silver  
Jennifer and Shep Sittason  
Anonymous  
Janie Smith  
SouthEastern Sign Company  
Southside Electric Cooperative  
Deborah Stevenson  
Jean Stewart and Nancy Gray  
Tharp Funeral Home & Crematory  
Mr. W.D. “Skip” Tharp  
The Whiting Turner Contracting Company  
Mrs. Margaret R. Thomas  
TowneBank  
Jenny and Richard Tugman  
Virginia Credit Union  
Virginia Talk Radio Network  
Judith Waldron  
Walkers Evangelical Presbyterian Church  
Warden Family Foundation  
Wardensville Presbyterian Church  
Darrell Wargo  
Edwin T. Wellford Trust  
Dr. and Mrs. Harry A. Wellons, Jr.  
Mr. Ronald Wicks  
Women’s Health Services of Central Virginia  
Mrs. Phyllis Workman  
World Help

**LEADERS (\$500+)**

Joni and Mike Addington  
Bob Alvis  
Korin Ballengee  
James Barton  
Betsy and George Beam  
Michelle Bergman  
Mr. and Mrs. David B. Bice  
Mr. and Mrs. Robert B. Bishop

Bloom by Doyles  
Bev Jordan and Nancy Bowles  
Drs. Terry and Bob Brennan  
Gaston Brown  
Anna Butzner  
Nancy Cameron  
Covenant Presbyterian Church  
CSE, Inc.  
Ebenezer Community Church  
Joe and Beth Eskridge  
Libby and Paul Fitzgerald  
Erin and Ross Folkenroth  
Framatome  
Franklin Presbyterian Church  
Rev. Jane Govan and Mr. Greg Govan  
Graves Mill Storage  
Kay and Gary Hall  
Mr. and Mrs. Steven R. Harris  
Head & Neck Surgery of Central VA  
Holmes Presbyterian Church  
Jae Studios  
Jefferson Forest High School  
Johnson Health Center  
Rachel Justice  
Ashleigh and Adam Karol  
Alissa and Josh Keith  
Barbara and Don Lucy  
Julie and Andy Mays  
Chuck and Cindy McGinnis  
Melissa and Eric Miller  
Hon. Norman Moon  
Randolph College SUPER ER Program  
The Rev. Dr. and Mrs. C. Thomas Rhyne  
Tracy and Ross Richardson  
Riverside Runners  
Dr. Cary Roberts  
Rockfish Presbyterian Church  
Mr. and Mrs. Heinz K. Simon  
Sandra Sloan  
Jennie and Stan Southworth  
Miss Elizabeth A. Stevenson  
Kenneth Stuckey  
Sunburst Vinyl Supply  
The Supply Room  
Mr. and Mrs. Thomas A. Thomson  
Morgan Vega  
Warrenton Presbyterian Church

LEADERS (CONT.)

Mr. Charles M. White  
Wiley | Wilson  
Ms. Carla Williams  
Mr. and Mrs. Joseph H. Williams, Jr.  
Gladys Wonderley  
Randy Woods  
Joyce Wright  
Ginger Young

SUSTAINERS (\$250+)

Aberdour Presbyterian Church  
Aldie Presbyterian Church  
Crystal Bailey  
Eileen Baldwin  
Bedford Baptist Church  
Susan and Mark Beeler  
Mary Colleen Beers  
Tabby Bennett  
Joanna and Walter Beverly  
Mr. and Mrs. Warren Beydler  
Mr. and Mrs. James Birch  
Jane Blickenstaff  
Bluemont Presbyterian Church  
Darla Bray  
Brookneal Presbyterian Church  
Ms. Eugenia Brown  
Buena Vista Presbyterian Church  
Meghan Carlson  
Maralyn Carr  
Charles Town Presbyterian Church of West Virginia  
Charlottesville Racial Equity Women's Circle  
Joe Chavez  
Jane Coleman  
Concentrix  
Debbie Cook  
Mark Courtney and Terri Cornwell  
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Earth Right Mid Atlantic  
Tammy Edens  
Nora England  
Enterprise Car Sales  
Barbara Farmer  
Financial Designs  
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First Christian Church  
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Mary Grey Foster  
Maryanne Fuhrman  
Funky's Arcade  
Mr. and Mrs. Ray L. Garland  
Girl Scout Troop 4522  
Girl Scout Troop 9424/9730  
Girl Scout Troop 243  
Girl Scout Troop 99  
Girls Scout Troop 293/676  
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Laina Hanchak  
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Mitch Harmatz  
Maria and Lucas Hayden  
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Laurie Owen  
Mrs. Pat Owings  
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Pike Title  
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Presbyterian Women of Yorkminster  
Presbytery of the James  
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David Roberts  
Mrs. Evelyn Rollison  
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David and Bowie Shields  
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Woodward Memorial Trust Fund  
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Kristen Allen  
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Kathleen Butler  
Kara Byrne  
Ryan Campbell  
Victoria Campbell  
Rose Campiglia  
Elizabeth Capps  
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Ryan Carey  
Mike Cargill  
Joe Carmany  
Lisa Carpenter  
Scott Carpenter  
Trent Carpenter  
Holly Carrington  
Mr. and Mrs. John R. Carroll  
Trina and Danny Carter  
Kristi Carvajal  
Glenda Cash  
Charlie and Marcy Catalano  
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Georgann Charlton  
Kathy and Bob Chase  
Brian Chenault  
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Darrell Childress  
Kim Childress  
Melanie and Lynch Christian

Sara Lu Christian  
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Steve Clark  
Margaret Cobb  
Cocky Rooster  
Chris Coffey  
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Faye Coleman  
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Keith Cook  
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Cooper's Hawk  
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Nancy Craft  
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Shaun Crosby  
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Nicolle and David Cundiff  
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Kelsey Davis  
Kevin Davis  
Shelley Davis  
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Lisa Dugach  
Elaine Duke  
Lindsey Dummeldinger  
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Elizabeth Farnsworth  
Brandon Faughnan  
Finley Memorial Presbyterian Women  
First Presbyterian Church of Collinsville  
First Presbyterian Church of Emporia  
First Presbyterian Church of Roanoke Rapids  
First Presbyterian Church of Pulaski  
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Mrs. Anne Foard  
Laurie Foot  
Linda and John Fore  
Forest Dental Center  
Forest Hills Presbyterian Church  
Susan and Matt Foster  
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Tammy Franklin  
Mr. and Mrs. Kriss Freeman  
Diego Freitas  
Megan Fritzinger  
Frosty Penguin  
Amy Fuhrman  
Charlotte Fuhrman  
Ted and Rita Fuhрман  
Virginia Fuhrman  
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