Dear Friends,

At HumanKind, we believe that connecting with people, creating community, and enhancing the well-being of all is not only our mission, but our calling. We know that the good things we do for one another can significantly impact our community and even the world.

These past few years have shown us that when we all work together, we are able to make a difference. I am inspired by our donors, partners, and staff who have risen to the unprecedented challenges of this past year. They have demonstrated resilience and dedication to the communities we serve.

For more than 118 years, HumanKind’s work has been in constant motion evolving to meet the needs of children and families through our programs and services. HumanKind must be relevant and responsive to meet our region’s most pressing issues, those that matter most to our neighbors.

In this Annual Report, you will see the impact you have helped make during another challenging year. The people you touched have overcome challenges to pursue a better life for themselves, their families, and their communities.

Our most vulnerable neighborhoods experienced gaps in access to necessities including housing, food, health care, child care, mental health services, and transportation while still recovering from a pandemic.

Amid this crisis, our donors overwhelmed us with their outpouring of support and inquiries on how they could help. I am deeply grateful to each of our advisors, donors, community leaders, and nonprofits for meeting the need remarkably.

Thank you for inspiring us and joining us to build a stronger community.

Stan Southworth
President and CEO, HumanKind
Organizational Impact

18,424 Individuals served
96% Clients LMI (Low and Middle Income) Defined as having income levels lower than 80% of the area median income

42% Male 58% Female

Demographic
- 47% Caucasian
- 46% African American
- 3% Hispanic or Latino
- 2% Multiracial
- 1% Other
- 1% Asian

Level of Education
- 37% High School Diploma/GED
- 26% High School or Lower Grade
- 16% Completed Some High School
- 7% BA/BS
- 6% Associates Degree
- 4% Some High School
- 2% Vocational certificate/credential
- 2% Masters Degree

Financial Overview

Operating Expenses
- 51% Community Based Services
- 26% Residential
- 17% Administration
- 7% Development

Operating Revenue
- 37% Investment from Reserves
- 32% Grants
- 17% Medicaid
- 8% PPP Forgiveness
- 8% Program Income
- 5% Contributions/Trusts

*These numbers are unaudited For more information and to view our audited financials please visit: humankind.org/annual-reports-financial/
2021 Highlights by Impact Area:

- **YOUTH & FAMILY SERVICES**
- **EARLY CHILDHOOD DEVELOPMENT**
- **DEVELOPMENTAL DISABILITIES**
- **MENTAL & BEHAVIORAL HEALTH**
- **ECONOMIC OPPORTUNITY**
- **HEALTH AND WELLNESS**

**YOUTH & FAMILY SERVICES**

- **FOSTER CARE**
  - Number of children served through each location:
    - Bedford: 39
    - Danville: 49
    - Lynchburg: 64
    - NOVA: 17
    - Richmond: 21

Our treatment foster care program trains and supports loving foster parents to provide around-the-clock care for at-risk children who have been removed from their homes.

- **Motherhood Collective**
  - Number of individuals served through in-person services: 442
  - Hours of volunteer time donated: 932

TMC equips and empowers women from preconception - postpartum through evidence-based education and social support programming.
## Early Childhood Development

### Parent Coaching:
These eight week nurturing parenting classes are offered in certain communities and bring together the whole family to address areas of communication, expectations, and family roles.

<table>
<thead>
<tr>
<th>Family Partnership meeting clients</th>
<th>Parent/Child Nuturing &amp; One-Night clients</th>
<th>Parenting Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>455</td>
<td>34</td>
<td>16</td>
</tr>
</tbody>
</table>

### Family Education Partnership:
Family Partnership Meetings address difficulties families face by bringing all involved parties to the table, identifying strengths and potential barriers, and then collaborating to develop an action plan.

<table>
<thead>
<tr>
<th>Clients</th>
<th>Family Members</th>
<th>Home Visits</th>
<th>Tele-Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>29</td>
<td>28</td>
<td>30</td>
</tr>
</tbody>
</table>

### Healthy Families Central Virginia
Healthy Families is a home-visiting service that supports new parents prenatally through the child’s fifth birthday by focusing on positive parent-child interactions and providing education related to healthy development and family functioning.

<table>
<thead>
<tr>
<th>Clients</th>
<th>Family Members Served</th>
<th>Home visits completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>163</td>
<td>413</td>
<td>1,569</td>
</tr>
</tbody>
</table>

### HumanKind
HumanKind’s Early Head Start provides support for parents and free, full-time child care for infants and toddlers in Amherst, Bedford, and Lynchburg. This program will provide tools and resources to parents of children ages 0-3 at home and in our centers so that they can build a strong foundation for life. EHS also aims to elevate the quality of child care across our region by offering comprehensive training opportunities and resources to educators including the Child Development Associate class, interactive workshops, and individualized coaching plans.

<table>
<thead>
<tr>
<th>Children enrolled in the program</th>
<th>In 2021, students were:</th>
</tr>
</thead>
<tbody>
<tr>
<td>75</td>
<td>Homeless</td>
</tr>
<tr>
<td>6%</td>
<td>In foster care</td>
</tr>
<tr>
<td>10%</td>
<td>Living under 50% of the federal poverty level</td>
</tr>
<tr>
<td>35%</td>
<td>Children with disabilities</td>
</tr>
</tbody>
</table>
**MENTAL & BEHAVIORAL HEALTH**

Our sponsored homes program places individuals with developmental disabilities in the home of a loving family which provides individualized support and the opportunity to experience life in a community setting rather than in a state institution or group home.

**Blackwater Counseling**

Offers acceptance and support with therapy tailored to the unique needs of all individuals served. Counselors use an integrative, person-centered approach, and use evidence-based therapies to meet the needs of individuals, couples, and families in care.

- **90%**
  - Blackwater Counseling's clients are low-income (as established by HUD, which defines low-income as a household income at 80% or less of area median income).
- **255**
  - Individuals served
- **142**
  - Initial assessments
- **2,643**
  - Counseling hours

**ECONOMIC OPPORTUNITY**

**Ways to Work:**

The Ways to Work loan program helps working individuals with challenging credit histories obtain financing for reliable transportation.

- **99** Loans approved
- **1,002** Individuals served
- **237** Financial education hours
- **770** Workshop hours
- **96.3%** Loan success rate

**Employment Navigation and Workforce Development:**

This program connects adult participants with employment and training opportunities.

- **10,381** Individuals served in Greater Richmond
- **4,487** Individuals served in Roanoke
- **3,162** Individuals served in Lynchburg

**Financial Navigation:**

Financial Navigators help residents triage their financial issues, identify immediate action steps, and make referrals to public programs and services.

- **703** Clients Served
- **936** Sessions

**Financial Opportunity Center:**

The Financial Opportunity Center works with individuals to establish and build long-term financial and career goals by combining employment coaching, financial education and access to supportive services.

- **162** Financial Coaching Sessions
- **259** Employment Coaching Sessions
- **244** Income Supports Coaching Sessions
- **34** Workshops Held

**DEVELOPMENTAL DISABILITIES**

**Humankind Adult Services**

Our adult group homes provide 24-hours supervision and support, and serve individuals with developmental disabilities by providing opportunities to pursue their goals and interests, promoting productive and meaningful lives.

- **16**
  - Group home residents
- **39**
  - Sponsored homes residents

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- **3,162** Workshop hours
- **96.3%** Loan success rate

**Our sponsored homes program places individuals with developmental disabilities in the home of a loving family which provides individualized support and the opportunity to experience life in a community setting rather than in a state institution or group home.**
HEALTH AND WELLNESS

Facilities

- Pool Visits: 3,292
- Gym Visits: 2,411
- Campus Visits: 10,525

Participants for the Lynchburg Turkey Trot for HumanKind:

- 2,706

82% In-Person, 18% Virtual from anywhere

HUMANKind

Golf Challenge

- 79 Golfers participated, first ever HumanKind golf challenge

Magnolia Green Golf Club in Richmond
September 14, 2021
WAYS TO GET INVOLVED

Have fun with us!

Events
Join us for Milkapalooza, Humankind Golf Challenge, or the Lynchburg Turkey Trot!
Visit the EVENTS tab on our website www.humankind.org or follow us on social media to learn more.

Donate your time
Volunteer
Volunteers are a vital part of Humankind's rich history. Individuals, families, churches, civic groups and corporate teams contribute to our mission through one-time events or recurring opportunities.
Get involved today by emailing volunteer@humankind.org

Coordinate a drive
Collect Our Most Needed Items
Ask your school, office, church, or group to help fill our food pantry with canned food and household supplies; be Christmas Angels with holiday toys; prepare Thanksgiving boxes; gather school supplies, gift cards or diapers.
Contact us at communications@humankind.org

Make a contribution
Every Gift You Give Matters, No Matter the Size.
Your financial support will change lives and meet our communities' greatest needs.
Give today at www.humankind.org/give.

Become a foster parent
Join Our Village
Children in our community are in need a loving and safe home. Humankind carefully matches each child to a trained foster family to help ensure they can reach their full potential.
For more information, contact us at fostercare@humankind.org

Come work for us
Make a difference in your community
We live through our values and mission. We are committed to providing exceptional service and that commitment extends to our employees.
Join our team today www.humankind.org/careers/

Full list of donors available at www.humankind.org/foundation-grant-partners/
Program Locations and Offices

Lynchburg
Richmond
Hampton Roads
Bedford
Danville
Northern VA

Administrative Offices

1903 HumanKind Way
Lynchburg, VA 24503
(434) 384-3131

humankind.org