

# ANNUAL REPORT

## 2019



Our **MISSION** is to strengthen individuals, families and communities through care, counseling and education.

We **ENVISION** a compassionate society where every person is valued, families are healthy and communities prosper.





Dear Friends,

This year your generosity helped open the door for so many people allowing them to transform their lives through our services and programs. Men and women got jobs, became better parents, had access to the counseling they needed, gained financial stability, found a support system for themselves and their families, those with intellectual disabilities experienced rich, full lives and children are thriving in safe and loving homes.

There is no other word to describe the 2019 year except...extraordinary!

- HumanKind opened a flagship office to better serve the needs of the Greater Richmond area bringing more wrap around services to families.
- We responded again to the growing need for safe homes for children in foster care, expanding our Treatment Foster Care program to Northern Virginia and Danville.
- Recognized for our generous contributions to regions across Virginia, HumanKind was awarded a 2019 *Lighting the Way Award* by the SunTrust Foundation.
- We celebrated the unveiling of a historic marker honoring the *Shoeless Wonders*, honoring their contributions to history in the state of Virginia.
- Ways to Work celebrated 20 years serving the greater Lynchburg area serving more than 18,343 families and supporting them through a journey for vehicle loans totaling more than \$6.3 million.
- Healthy Families was awarded the highest honor, recognized as the *Outstanding Home Visiting Program* of 2019 in Virginia.

The stories in this report tell only a small portion of the overall resilience of the families we serve. All of these successes are due, in large part, to the support of our donors, volunteers and amazing staff. As we look back we can only say to each of you – thank you for this remarkable year and for the successes we will achieve together going forward. We will continue to be good stewards of the resources you have entrusted to us as we strengthen children, families and communities through care, counseling and education.

With deep gratitude,

  
Robert S. Dendy, Jr.  
President and CEO, HumanKind



HumanKind receiving the *Lighting the Way* award in Atlanta. (left to right) Robin Pope Moss, SunTrust; Mary-Winston Deacon, HumanKind; Bob Dendy, HumanKind; Phillip Avant, SunTrust.

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Foster parents, Julie and Tom worked tirelessly with caseworkers and support specialist to get Claire the help she needed to catch up on the developmental level. You made it possible for Claire to get the love, care and support she desperately needed.

YOUR GENEROSITY BROUGHT CLAIRE INTO THE LIGHT, AND CHANGED HER LIFE.

Claire had never been to school, she had barely ever had the opportunity to leave the apartment. Not until a truancy officer appeared at her door did the school system even know she existed in the home. The officer came looking for her older brother, and what they found was Claire; an autistic girl age 8 who was non-verbal and still wearing a diaper.

Quickly all the children in the home were removed and Claire was placed with one of our longest and most experienced treatment foster care families. Here she would start to receive the help she needed to grow and develop. Without early intervention for autism, Claire was functioning on a 2-3 year old developmental level. Within one year placed with our foster family, Claire was able to function much closer to her age level and was beginning to thrive.

After years of neglect and intervention for autism, Claire wasn’t able to communicate with caregivers and much like a toddler struggled with frustration and acted out with tantrums. Coming into foster care, Claire underwent assessments for how to best give her the care she needed.

It is because of you and your support that over the next several months she began receiving occupational therapy, physical therapy, and speech therapy. Soon she was able to attend a specialized school for children with autism.

*“Right before she left our care for adoption, Claire looked at me and said for the first time ‘Hello Kim’. It just melted my heart to see her grow that much receiving the care and therapies she needed all along”.*

- Kim Thomas, HumanKind Caseworker

And because of you and your generosity, Claire has found a forever home with biological family members in North Carolina, using words to communicate, fully potty-trained and thriving in a specialized school environment. This transformation is only possible because of YOU! Thank you for your love of children left behind like Claire.



Claire had lived in a sheltered world not receiving the care she needed as an autistic child. After coming into foster care your gift ensured that she had a well-trained family ready to give her the time, attention and therapies to help her thrive.



# HEART STORIES

## Ways to Work



As a mother of five children, Victoria has worked for Goodwill for over seven years. After turning down a promotion five times, your gift gave her the opportunity to succeed.

### A BRAND NEW START

For years, Victoria had been a good employee at Goodwill and her supervisor wanted to offer her a promotion to sales manager for increased wages, more responsibility and recognition for a job well done. Unfortunately, reliable transportation was a critical piece to this position. To meet the required schedule, she would not be able to rely on public transportation or friends to get her to and from work.

Because of you and your support, the doors at Ways to Work were open to Victoria when she had nowhere else to turn and wanted to make changes to better support her family.

By coming to Ways to Work, Victoria had a program specialist to walk alongside her in this journey and work with her one-on-one preparing her to qualify for a car loan. After 2 years of preparation and hard work, Victoria's loan was approved.

*"With Ways to Work I have been able to move up in my job. I am now a sales manager. The best part is now my daughter can participate in Girls on the Run."*

For the first time, Victoria had reliable transportation. She could make sure her children got to school on time, and support other members of her family. Now her daughter was also able to participate in after school activities.

This car has completely changed Victoria's life. Now, this mother of 5 has so much self-confidence and joy. Her family has hope for the future. Together they are thriving.

Just weeks after getting reliable transportation, her supervisor revisited the opportunity for a promotion. And this time, she confidently accepted.

### THE MOTHERHOOD COLLECTIVE

HumanKind officially acquired The Motherhood Collective® (TMC) at the start of 2019. In a joint effort to increase collective community impact, this addition has brought greater opportunities to educate, equip and empower individuals and families in Virginia and beyond.

TMC focuses on maternal health by providing free expert-based education and social support programming to women from preconception through postpartum. This service has beautifully

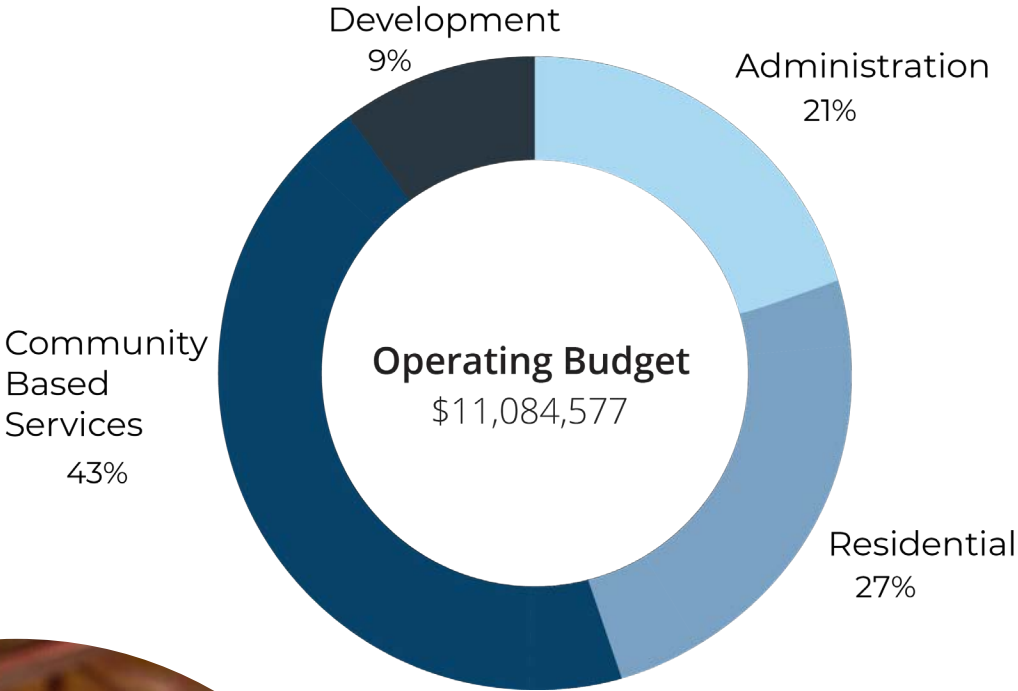
complimented the care, counseling and education Humankind has offered for over 100 years.

Their eight educational and support programs have moved to the historic campus and has expanded offerings making it easier for the community and for families to access support; critical to building family support.



## FINANCIAL OVERVIEW

Every dollar counts! We are firm in our commitment to invest your financial support and other contributions in the ways that address the most crucial needs in our community, and to do it efficiently we continue to enhance our program offerings because of the support we receive from foundations, grants, Medicaid, corporate and individual supporters.



### 5,453 INDIVIDUALS SERVED IN 2019

Thank you for making a difference. With your help we provide programs and services that instill hope and equip people with the tools to build a strong foundation for life. We rely on donations, grants and local volunteers to serve those in need, and have strong connections to wide-ranging resources focused on helping individuals become more productive, healthier, and stronger. By helping individuals reach their potential, we are building strong families and communities!



# AREAS OF IMPACT

## YOUTH & FAMILY SERVICES

Our Youth & Family Services programs include a range of programs that help children, youth and adults who are typically in a crisis situation, whether that is being at risk of having children removed from their care, being in jail, or youth being placed in foster care.

**Children in the Middle** | serves parents who are divorcing – court mandated class

**Family Partnerships** | facilitated for local DSS agencies for families in crisis

**Housing First Lynchburg** | provides coaching and housing resources for clients who are chronically homeless and have a disability

**Life Skills for Adults** | provided to Blue Ridge Regional Jail inmates

**Parent Child Nurturing Classes** | parents are typically referred by local DSS agencies because of potential child abuse or neglect

**Treatment Foster Care** | serves youth who are in need of more care-intensive foster care placements

## DEVELOPMENTAL DISABILITIES

We provide and manage homes for adults with developmental disabilities. The adults we serve in these homes are typically not able to find employment that would produce a living wage.

**Adult Group Homes**

**Adult Sponsored Homes**

**Adult Supervised Living**

## ECONOMIC OPPORTUNITY

Our Economic Opportunity programs are targeted to low- to moderate- income individuals and families, to help them develop plans for achieving financial success. Through educational workshops, loan assistance, employment coaching, and benefits access, clients have opportunities to strengthen skills that create a pathway to financial stability and self-sufficiency.

**Financial Opportunity Center**

**Ways to Work**

**Vehicles for Change**

**Region 2000 Workforce Development, Adult Services operator**

## HEALTH & WELLNESS

HumanKind's main campus serves as a community gathering place, hosting school cross country meets, visitors to our pool and gymnasium, walkers and runners using the paths and open space, interior facility use and the Master Gardeners at our Community Garden. In 2019, there were over 21,000 visitors to our campus. We are committed to maintaining and improving the functionality of our campus for these purposes.

## EARLY CHILDHOOD DEVELOPMENT

Building a strong foundation in the early years prepares children for success in school, social settings and life. Our Early Childhood Development programs partner with families and child care facilities to raise healthy, confident children. Focus is placed on developing core competencies and confidence through hands-on learning experiences.

**Child Care Resource Center** | serves child care providers, a profession which is one of the most underpaid in the education sector

**Healthy Families Home-visiting program** serves families of children who have risk factors for child abuse and neglect

**Little Wings ELC** early learning center that offers a sliding scale payment program

**Family Education Partnership** | serves families of publicly enrolled Pre-K children who have risk factors for child abuse and neglect

**The Motherhood Collective** equips and empowers women from preconception through postpartum

## MENTAL & BEHAVIORAL HEALTH

Our treatment philosophy is to support children, teens and adults as they make the journey towards mental stability, self-sufficiency, and overcoming life's challenges. We accomplish this through outpatient counseling, family support, and assistance with the daily living skills necessary to lead a safe and independent lifestyle.

**Intensive In-Home Services** | serves children/youth with behavioral and emotional challenges

**Mental Health Skill Building Services** serves adults with specific mental health diagnoses

**Family Coaching** | serves families in crisis with individualized parenting education

**The Counseling Center** | offers a sliding scale for inpatient counseling

# OUR WORK MAKES A DIFFERENCE

HumanKind offers programs and services in Fredericksburg, Hampton Roads, Lexington, Lynchburg and surrounding counties (Amherst, Appomattox, Bedford, and Campbell), Danville, Northern Virginia and the Greater Richmond region.

## INCOME

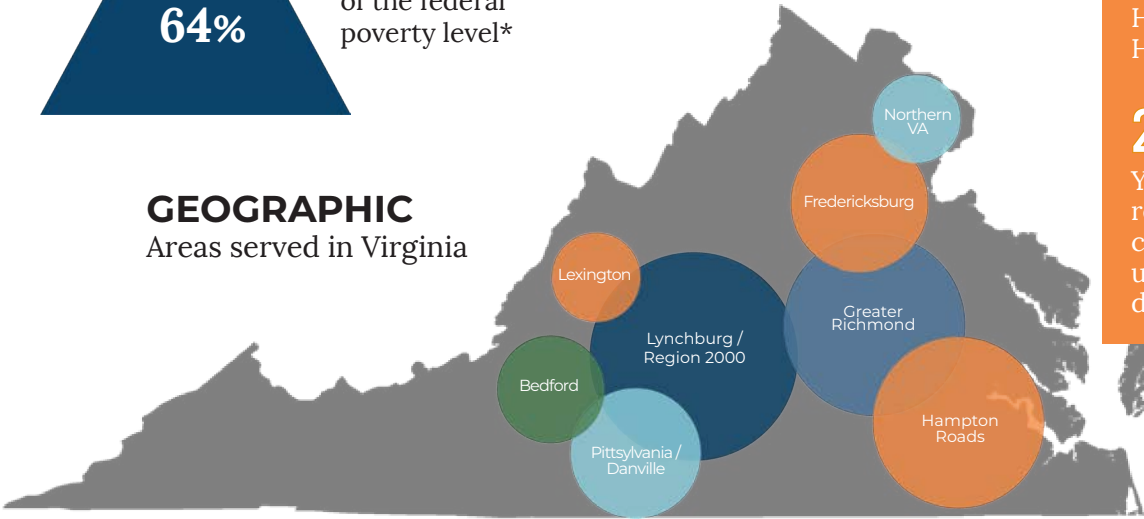
64%

64% of clients have household incomes at or below 200% of the federal poverty level\*

\*Federal poverty level of \$21,330 for a family of three as defined by the ASPE for the Department of Health and Human Services.

## GEOGRAPHIC

Areas served in Virginia



## COMMUNITY RESOURCE

21,013

visits for use of the facilities and gymnasium on HumanKind's Presbyterian Homes Campus.

2,465

Youth swimmers from regional camps & community organizations used HumanKind's pool during summer months.

## 2019 HIGHLIGHTS:

- **New HumanKind flagship office** opened in Richmond to better meet community needs by bringing area services and programs together.
- **Foster Care** program expanded to serve Northern Virginia and opened a new office in Danville extending reach into the Southside region.
- **Ways to Work** provided financial education, and loans to 1,394 people with 88% reporting an increase in financial stability. More than 180 loans were approved totaling \$1,186,683.
- Recognized for its generous contributions to regions across Virginia, HumanKind was awarded a **2019 Lighting the Way Award** by the SunTrust Foundation.
- More than 300 families were served with **Thanksgiving Meals** and sponsored by the **Christmas Angels**.
- **The Motherhood Collective** was acquired by HumanKind and reached more than 300 women with free expert-based education and social support services.
- **Healthy Families** served more than 222 families across Central Virginia and provided 2,616 home visits.
- The **Emergency Household Pantry** served more than 560 people.



First Lady of Virginia Pamela Northam, pictured left, with HumanKind President Bob Dendy, spoke at Richmond's Ribbon Cutting sharing, "We are so grateful to HumanKind for already playing an important role in improving the health and well-being of Virginia families. I look forward to what we will all accomplish together for our families and a brighter future for the Commonwealth. Together we are a powerful force for change."



# WAYS TO GET INVOLVED

## HAVE FUN WITH US!

### Come to an Event

Join us for the *Kindness Classic* 5K, *Milkapalooza*, *Over the Edge* for HumanKind, *Lynchburg Turkey Trot* and many more!

Visit the **EVENTS** tab on our website [www.humankind.org](http://www.humankind.org) or follow us on social media to learn more.

## DONATE YOUR TIME

### Volunteer

Volunteers are a vital part of HumanKind's rich history. Individuals, families, churches, civic groups and corporate teams contribute to our mission through one-time events or recurring opportunities.

Get involved today by emailing [volunteer@humankind.org](mailto:volunteer@humankind.org).

## BECOME A FOSTER PARENT

### Join Our Village

Children in our community are in need of a loving and safe home. HumanKind carefully matches each child to a trained foster family to help ensure they can reach their full potential.

For more information, contact us at [fostercare@humankind.org](mailto:fostercare@humankind.org).

## COORDINATE A DRIVE

### Collect Our Most Needed Items

At your school, office, church or group to help fill our food pantry with canned food and household supplies; be *Christmas Angels* with holiday toys; prepare Thanksgiving boxes; gather school supplies, gift cards or diapers.

Contact us at [communications@humankind.org](mailto:communications@humankind.org).

## MAKE A CONTRIBUTION

### Every Gift You Give Matters. No Matter the Size.

Your financial support will change lives and meet our community's greatest needs.

Give today at [www.humankind.org/give](http://www.humankind.org/give).

# HumanKind

Make a donation, view our audited financials or to learn more please visit [www.humankind.org](http://www.humankind.org)!

HumanKind is a 501(c)(3) nonprofit organization, Tax ID 54-0346118