



ANNUAL REPORT

2018

humankind.org



**STRONG SELF
STRONG FAMILY
STRONGER COMMUNITY**

Our **MISSION** is to strengthen individuals, families and communities through care, counseling and education.

We **ENVISION** a compassionate society where every person is valued, families are healthy and communities prosper.



Dear Friends,

With your support, HumanKind helped thousands of people in 2018. We equipped them with tools and provided them with resources to make profound changes for today and for future generations. Since 1903, HumanKind has been collaborative, innovative and pioneering in our efforts to build stronger communities in which everyone has opportunity to prosper and reach their full potential.

The stories in our report point to the resilience of the families we serve and the importance of our partners in mission. Our Treatment Foster Care families lovingly and professionally support the children in our care as we have for more than 115 years. In 2018, we were encouraged to serve children in the Bedford community and were welcomed into Richmond, expanding our mission impact to children.

Our Family Education Partnership with Lynchburg City Schools resumed in the fall with preschoolers and their families improving their connection between the classroom and home.

The Group Home staff and Sponsored Home partners devote themselves to care for adults with Intellectual Disabilities continuing this legacy started in Zuni in 1967. And our Ways to Work program continued to rebuild credit and provide reliable transportation through low interest loans for good used cars as we have for twenty years.

It is a privilege to help thousands of families and individuals each year on their journeys from crisis to stability to independence. And at the end of the day, this work is possible only because of our committed and exceptional staff, volunteers, church, corporate, government, foundation and philanthropic partners like you working alongside us.

Your generous support in 2018 made all of this impact possible. I offer sincere thanks for what you've done and look forward to what we'll do together in 2019.

With deep gratitude,

Robert S. Dendy, Jr.
President and CEO, HumanKind

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Robert S. Dendy Jr.
President/CEO
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Ways to Work and Financial Opportunity Center client celebrated after sharing his story at the Ways to Work Appreciation Luncheon. Because of your generous support, Mike found a support network who helped him reach his goals.

You helped Mike Overcome Obstacles and Pay it Forward

“We all need somebody if it was just the fact of being able to do something on your own, then we wouldn’t need people, we wouldn’t need society.” Mike Reid shared with a group of people, now speaking as an advocate to help others who are coming out of incarceration and need help. Helping people who are just like he had been, only a short time ago.

After serving out a 10-year term behind bars, Mike knew he did not want to return and in order to make sure that did not happen he knew he needed a plan. One step at a time, Mike joined a support group for returning citizens to stay focused on a new path in life.

First he found a job installing office furniture, saved his money to purchase his own tools and then opened a checking and savings account. Even with this progress, he continued to face the barrier of reliable transportation.

Mike began to look for ways to give back and help others coming out of incarceration, and first was able to co-facilitate family reunification meetings after time served in jail. It was here in this network of people, he heard about the Ways to Work program.

Coming to Ways to Work, Mike found a team of people who saw his plan and walked alongside him to help him reach his goals. With a letter of recommendation from his parole officer and some hard work to prepare

“Working together to achieve a goal, and here at HumanKind that’s what it’s all about.”

a loan application, Mike was approved to purchase a car. Once he had a car, he not only got himself where he needed to be but he made it a point to offer transportation to others to get to support group meetings and take steps in their own plans coming out of incarceration. “The car is a blessing, and you share blessings”

Mike went on to work with the Financial Opportunity Center, a program funded in part through a grant from Virginia LISC. Here he is striving for his next goals: improving his credit score, going back to school, and training for public speaking so he can advocate on behalf of others like himself getting back to society after being incarcerated. “I am a proven example that *the plan works!*”



Mike Reid sharing his story about not giving up on his plan and advocating for others like him living life after incarceration.

ACCEPTING THE CALL



Larry and Mindy Works share a picnic lunch with their two adopted sons after fostering through HumanKind's Treatment Foster Care program. Because of your generous support, these two boys found a home and a family to call their own.

Growing Where the Need is in Foster Care

In 2018 more than 2,700 children entered Virginia's foster care system. As the need continues to grow, HumanKind is drawing on over a century of history to help meet the need.

Richmond saw a five-year high for number of youth in the city's foster care system at the end of 2017. With HumanKind's presence already in the area, we were able to mobilize to add a Foster Care program that quickly became a fully licensed site early in the year. One of the first pieces to put in place is recruiting and training families to place foster children. In a busy first year, we have been able to serve the Greater Richmond area placing children in homes all over the region.

Growing from our original roots in Lynchburg, families came to us at the boundaries of our licensed area allowing us to organically grow into the Bedford area. By the end of 2018 we were able to submit an application to

Foster Care in Virginia Fast Facts:

- More than 5,000 children in foster care in Virginia.
- The average youth in Virginia's foster care is 8.
- 20% of teens aging out of foster care are greater risk for homelessness, unemployment and incarceration.
- 33% are teenagers who may have more independence, but have not outgrown the need for love, support and guidance as they navigate early adulthood.

license the Bedford site allowing us to extend further into the southwest region of Virginia.

HumanKind's foster care program is dedicated to providing excellence and demonstrating passion each day. We look forward to our continued expansion throughout Virginia to better support families in need.

VOLUNTEERS: FINDING A PLACE TO GIVE BACK

Even though Fatima Asghar is taking some time off from work right now, she thought with some time on her hands she would look for an opportunity to volunteer. After reading about HumanKind and learning about the programs and services offered to families in the community, she knew this was the place to dig in to help. She enjoys serving those who benefit from several of our programs.

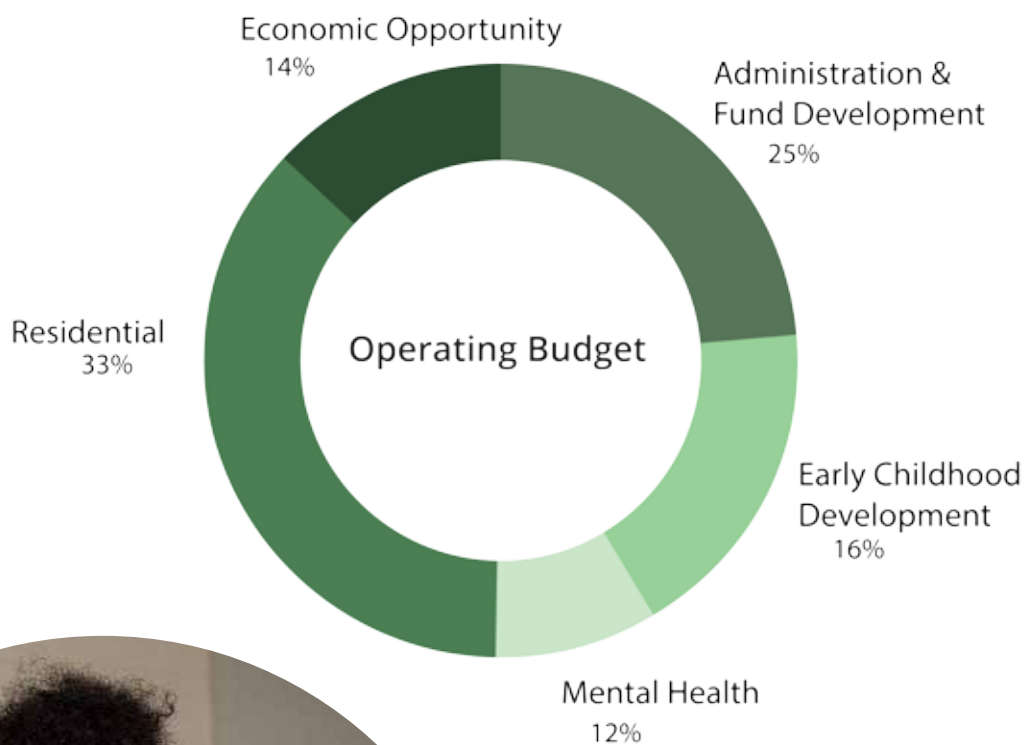
"HumanKind is helping new mothers and it's just amazing because no matter how much you think you know about being a

mom: long hours, sleepless nights, lots of patience, you can always benefit from a support system of other mothers there to help you through the good times and the hard times."



FINANCIAL OVERVIEW

Every dollar counts! We are firm in our commitment to invest your financial support and other contributions in the ways that address the most crucial needs in our community, and to do it efficiently we continue to enhance our program offerings because of the support we receive from foundations, grants, Medicaid, corporate and individual supporters.



THANK YOU FOR MAKING A DIFFERENCE.

With your help we provide programs and services that instill hope and equip people with the tools to build a strong foundation for life. We rely on donations, grants and local volunteers to serve those in need, and have strong connections to wide-ranging resources focused on helping individuals become more productive, healthier, and stronger. By helping individuals reach their potential, we are building strong families and communities!

AREAS OF IMPACT

YOUTH & FAMILY SERVICES

Our Youth & Family Services programs include a range of programs that help children, youth and adults who are typically in a crisis situation, whether that is being at risk of having children removed from their care, being in jail, or youth being placed in foster care.

Children in the Middle | serves parents who are divorcing – court mandated class

Family Partnerships | facilitated for local DSS agencies for families in crisis

Housing First Lynchburg | provides coaching and housing resources for clients who are chronically homeless and have a disability

Life Skills for Adults | provided to Blue Ridge Regional Jail inmates

Parent Child Nurturing Classes | parents are typically referred by local DSS agencies because of potential child abuse or neglect

Treatment Foster Care | serves youth who are in need of more care-intensive foster care placements

DEVELOPMENTAL DISABILITIES

We provide and manage homes for adults with developmental disabilities. The adults we serve in these homes are typically not able to find employment that would produce a living wage.

Adult Group Homes

Adult Sponsored Homes

Adult Supervised Living

HEALTH & WELLNESS

HumanKind's main campus serves as a community gathering place, hosting school cross country meets, visitors to our pool and gymnasium, walkers and runners using the paths and open space, interior facility use and the Master Gardeners at our Community Garden. In 2018, there were over 20,605 visitors to our campus. We are committed to maintaining and improving the functionality of our campus for these purposes.

EARLY CHILDHOOD DEVELOPMENT

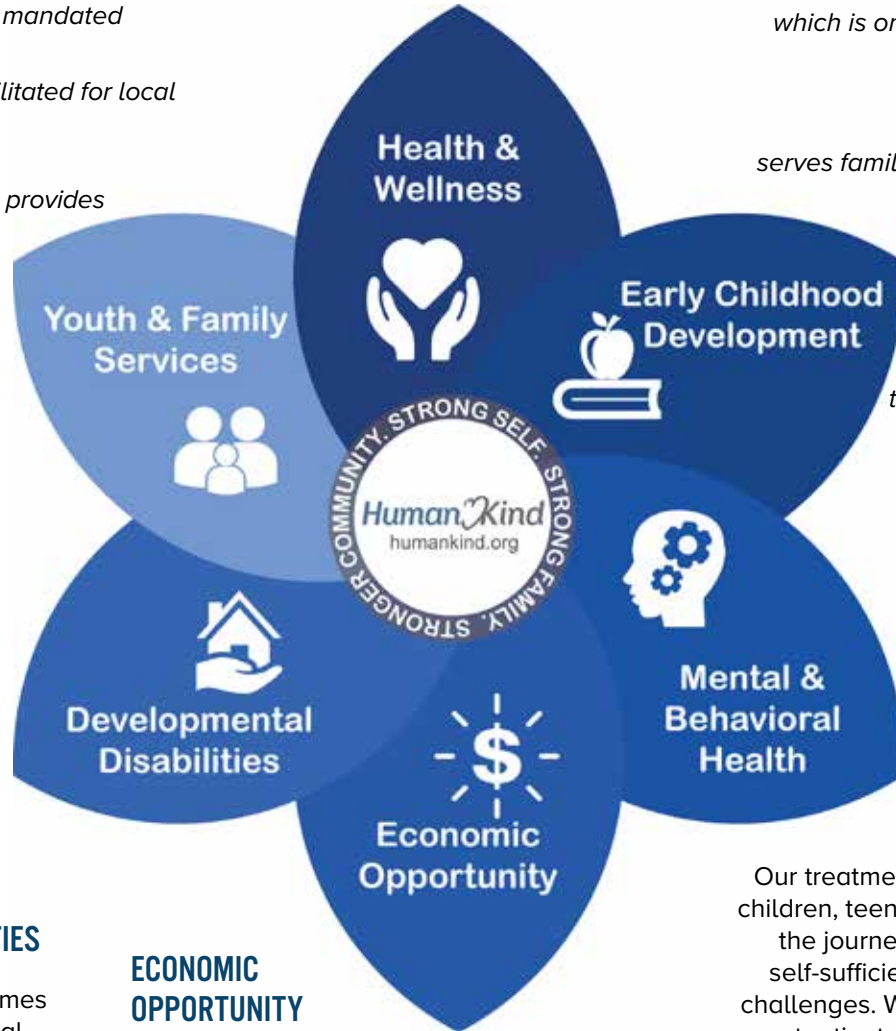
Building a strong foundation in the early years prepares children for success in school, social settings and life. Our Early Childhood Development programs partner with families and child care facilities to raise healthy, confident children. Focus is placed on developing core competencies and confidence through hands-on learning experiences. Programs include:

Child Care Resource Center serves child care providers, a profession which is one of the most underpaid in the education sector

Healthy Families Home-visiting program serves families of children who have risk factors for child abuse and neglect

Little Wings Early Learning Center early learning center that offers a sliding scale payment program

Family Education Partnership | serves families of publically enrolled Pre-K children who have risk factors for child abuse and neglect.



MENTAL & BEHAVIORAL HEALTH

Our treatment philosophy is to support children, teens and adults as they make the journey towards mental stability, self-sufficiency, and overcoming life's challenges. We accomplish this through outpatient counseling, family support, and assistance with the daily living skills necessary to lead a safe and independent lifestyle.

Intensive In-Home Services | serves children/youth with behavioral and emotional challenges

Mental Health Skill Building Services | serves adults with specific mental health diagnoses

Family Coaching | serves families in crisis with individualized parenting education

The Counseling Center | offers a sliding scale for inpatient counseling

ECONOMIC OPPORTUNITY

Our Economic Opportunity programs are targeted to low- to moderate- income individuals and families, to help them develop plans for achieving financial success. Through educational workshops, loan assistance, employment coaching, and benefits access, clients have opportunities to strengthen skills that create a pathway to financial stability and self-sufficiency.

Financial Opportunity Center

Ways to Work

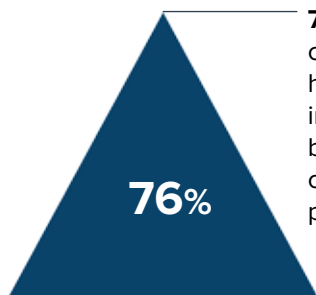
Vehicles for Change

Region 2000 Workforce Development, Adult Services operator

OUR WORK MAKES A DIFFERENCE IN OUR COMMUNITY

HumanKind offers programs and services in Fredericksburg, Hampton Roads, Lexington, Lynchburg and surrounding counties (Amherst, Appomattox, Bedford, and Campbell), Danville and the Greater Richmond region.

INCOME



76% of clients have household incomes at or below 200% of the federal poverty level*

*Federal poverty level of \$20,780 for a family of three as defined by the ASPE for the Department of Health and Human Services.

COMMUNITY RESOURCE

20,605

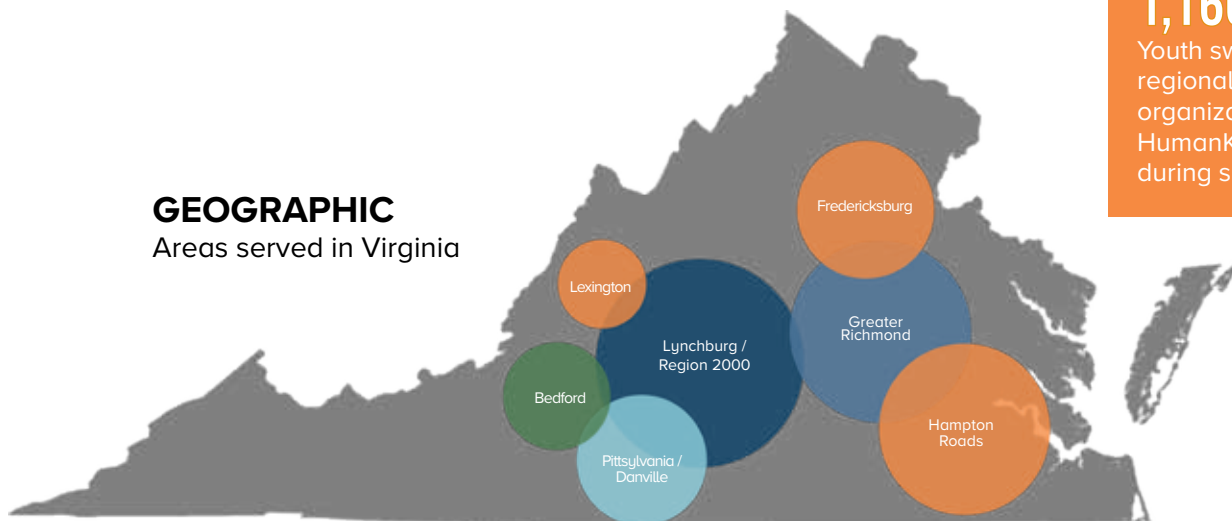
visits for use of the facilities and gymnasium on HumanKind's Presbyterian Homes Campus.

1,166

Youth swimmers from regional camps & community organizations used HumanKind's pool daily during summer months.

GEOGRAPHIC

Areas served in Virginia



2018 HIGHLIGHTS:

- **Foster Care program expanded** to serve the Greater Richmond Area and opened a new office in Bedford extending reach into the Southwest region.
- 99% of **Mental Health Community Supports** clients avoided re-hospitalization
- **Ways to Work** provided financial education, and loans to 1,849 people with 81% reporting an increase in financial stability.
- **Childcare Resource Center** served 287 early childhood educators with training and resources.
- 97% of clients in the the **Housing First Lynchburg** program maintained stable housing
- **Healthy Families** served more than 227 families across Central Virginia and provided 2,738 home visits in 2018.
- **Little Wings Early Learning Center** served 111 students through high quality preschool and summer camp.



WAYS TO GET INVOLVED

MAKE A CONTRIBUTION

Your financial support will help us change lives while meeting the community's greatest needs. Give a gift or raise funds to rattle and go *Over the Edge for HumanKind!*

Learn more at www.humankind.org/give.



DONATE YOUR TIME

Volunteers are a vital part of HumanKind's rich history. Individuals, families, churches, civic groups and corporate teams contribute to our mission through annual events or recurring opportunities.

Get involved today by emailing volunteer@humankind.org.

BECOME A FOSTER PARENT

Children in our community are in need of a loving and safe home. HumanKind carefully matches each child to a trained foster family to help ensure they can reach their full potential.

For more information, contact us at fostercare@humankind.org.



COORDINATE A DRIVE

Ask at your school, office, church or group to help fill our food pantry with canned food and household supplies; be *Christmas Angels* with holiday toys; prepare Thanksgiving boxes; gather school supplies, gift cards, first night bags for foster children or diapers.

Contact us at communications@humankind.org.

HAVE FUN WITH US!

Join us for *Over the Edge for HumanKind*, the *Lynchburg Turkey Trot* and many more!

Visit Events on our website www.humankind.org or follow us on social media to learn more.



HumanKind

ADMINISTRATIVE OFFICES

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PROGRAM LOCATIONS AND OFFICES ACROSS VIRGINIA

Fredericksburg
Hampton Roads
Lexington

Lynchburg
Richmond
Bedford



Make a donation, view our audited financials or to learn more please visit www.humankind.org!

HumanKind is a 501(c)(3) nonprofit organization, Tax ID 54-0346118