Why we support HumanKind: Kristen and Mick O’Neill
in their own words

We first heard about Humankind shortly after we moved to Lynchburg through the publicity surrounding the formal name change from the Presbyterian Home to Humankind. When we moved adjacent to the property in 2016, we began exploring the land and learning more about the resources available to the community. Our first discoveries were the stocked fishing pond, cross country course, and Little Wings Preschool, and this made us curious to ask more questions about what services were available in each of the historic buildings on campus.

This is our first year supporting HumanKind. A friend asked us if we would be willing to go Over the Edge and Mick answered the challenge to rappel and learn more about the organization.

Humankind is a growing organization committed to meeting the needs of our most vulnerable community members through mental health services, early childhood education, economic empowerment and family support services. They have a strong and strategic leadership team poised to help all reach their full potential.

Our Mission Remains the Same

We strengthen individuals and families and lift them up to instill hope.

For more than 114 years, Humankind’s mission has been consistent, providing guidance and assistance to those striving to live better and healthier lives. We have been resilient and built momentum, awareness and success in this approach. Today building on more than 100 years of faithful service, HumanKind serves as a catalyst for community action, addressing the complex challenges faced by thousands of children, individuals and families in our region and across the state of Virginia.

We believe community well-being starts with a solid foundation for everyone. Our unique wrap around approach allows our most vulnerable neighbors to achieve stability and strengthen their capacity to thrive in our communities.

To better amplify our impact, we partner with a growing network of engaged donors, foundations, and community leaders to effectively leverage valuable resources and collectively ensure our communities remain vibrant for everyone.

IN THIS ISSUE

Board Member Spotlight: Peter Thompson
Out of Poverty and into Success: Ways to Work
Going the Distance: Cross Country at Humankind
Alumni Corner: Cliff Thomas
Partner Spotlight: Welcome Katie’s Place
Donor Spotlight: Kristen and Mick O’Neill
A cross-country course typically includes a variety of surfaces. The open-air course over natural terrains such as dirt or grass, wooded areas, and it’s fun for the runners. Because the course loops around, it’s ideal for spectators who can see most of the race from one place,” said Chip Tucker.

As the home course for several area schools, HumanKind has hosted scores of middle and high school cross-country meets, including city and collegiate championships. According to Elizabeth Masencup, the Athletic Director for E. C. Glass, over 200 runners are on the course during a meet. “Lynchburg is known as the Hill City, so it is fitting that the hills along the course at make it challenging.” With over 160-acres to explore, over 2,000 runners grace the course annually and have the opportunity to see the varied landscape.

The property is not limited to cross-country races. Many have found the campus to be an ideal spot for a 5K. Be sure to visit HumanKind and go for a walk or run. Follow the designated path – or create your own.

Out of Poverty and Into Success: Ways to Work
For most people, day to day routines include some form of transportation. Many rely on public transit while others use their vehicle to go to school or work. Having a car certainly lightens the load for grocery shopping, and doctors’ visits canceled less frequently. Riding the bus has perks, but a missed bus leads to an extra hour wait time. An extra hour can mean missed appointments and employment consequences.

For some, the idea of owning a vehicle is non-existent. Bad credit means higher interest rates and loan amounts, which are nearly impossible to make.

For Keon, it changed everything. Having overcome homelessness with the help of community partners and the Ways to Work program, Keon joined the Financial Opportunity Center to further work on building her financial security.

Keon has been a shining star in the program. Through her hard work, she has not only achieved a better paying job at a local community organization, but she has also increased her net worth, paid down debt, completed the Ways to Work Program, and is now pursuing homeownership.

For more information on Ways to Work in Richmond, contact 804-888-8229 or WTRI@humankind.org
or in Lynchburg, contact 434-845-5944 x. 229
or WTL@ Lynchburg@humankind.org.

Fortunately, there is Ways to Work, an economic empowerment program that provides low-interest car loans to working families. It is designed to help participants move toward financial stability, increased self-sufficiency, and advanced career opportunities. In addition to loan assistance, participants receive financial education and coaching—making a substantial difference in their lives.

Ways to Work is one of the most effective wrap-around service for individuals and families trying to pull themselves out of poverty and into success. The participants understand that it’s not just a car, it’s an opportunity.

For Keon, it changed everything. Having overcome homelessness with the help of community partners and the Ways to Work program, Keon joined the Financial Opportunity Center to further work on building her financial security.

Keon has been a shining star in the program. Through her hard work, she has not only achieved a better paying job at a local community organization, but she has also increased her net worth, paid down debt, completed the Ways to Work Program, and is now pursuing homeownership.

Ways to Work is an economic empowerment program that provides low-interest car loans to working families. It is designed to help participants move toward financial stability, increased self-sufficiency, and advanced career opportunities. In addition to loan assistance, participants receive financial education and coaching—making a substantial difference in their lives.

Ways to Work is one of the most effective wrap-around service for individuals and families trying to pull themselves out of poverty and into success. The participants understand that it’s not just a car, it’s an opportunity.

For Keon, it changed everything. Having overcome homelessness with the help of community partners and the Ways to Work program, Keon joined the Financial Opportunity Center to further work on building her financial security.

Keon has been a shining star in the program. Through her hard work, she has not only achieved a better paying job at a local community organization, but she has also increased her net worth, paid down debt, completed the Ways to Work Program, and is now pursuing homeownership.

For more information on Ways to Work in Richmond, contact 804-888-8229 or WTRI@humankind.org
or in Lynchburg, contact 434-845-5944 x. 229
or WTL@ Lynchburg@humankind.org.

For many families, children with intellectual and physical disabilities rely on support throughout their day. Families often face finding appropriate care for their adult children. Finding a place that allows their adult children to participate in the community and have healthy interaction with others is ideal.

Fortunately, on May 1, 2017, Katie’s Place opened its doors in Scruggs Cottage on the campus of HumanKind. Katie’s Place is a Day Support Program for adults with special needs and licensed by the Virginia Department of Behavioral Health. Katie’s Place is centered around helping adults with special needs achieve greater independence through life skill building.

“We love being on the HumanKind campus. They provide us a beautiful and large house that gives our participants the opportunity to work on daily living skills such as cooking and cleaning,” said Jennifer Yeagley, program director.

Katie’s Place provides opportunities to learn and develop social skills and daily living skills through gardening, cooking, volunteering, community outings, and marketing the crafts made in the program.

With an on-site garden plot dedicated to Katie’s Place, participants are learning gardening basics and produced vegetables they shared with their families. They focus on all life areas including laundry, cleaning, household maintenance and money management. “We also enjoy taking part in recreational activities located right on campus such as playing basketball, walking the trails, fishing in the pond, playing frisbee golf, and gardening,” said Yeagley.

There is a tremendous comfort knowing that each adult becomes increasingly independent and can achieve their personal goals. With Katie’s Place, the needs are met, and the participants are living a healthy, active life.

To learn more about Katie’s Place, please contact Jennifer Yeagley at 717-926-2941 or Jennifer.Yeagley@svhservices.org.

Going the Distance: Cross Country at Humankind
A cross-country course typically includes a variety of surfaces. The open-air course over natural terrains such as dirt or grass, woodland, and open country ensures the course is challenging while keeping the run enjoyable.

Since 2000, the diverse landscape at HumanKind offers one of the best cross-country courses in central Virginia. The course, now beautifully maintained by HumanKind, was once managed by Chip Tucker, Athletic Director at Linkhome Middle School, and Barbara Lucy. Lucy’s husband, Don, a former resident of the Presbyterian Home, is the former cross-country coach for Dunbar and Heritage High School.

The course has changed as the campus has changed – but it remains an ideal spot for running. “It’s the perfect blend of open fields, rolling hills, and wooded areas, and it’s fun for the runners. Because the course loops around, it’s ideal for spectators who can see most of the race from one place,” said Chip Tucker.

As the home course for several area schools, HumanKind has hosted scores of middle and high school cross-country meets, including city and collegiate championships. According to Elizabeth Masencup, the Athletic Director for E. C. Glass, over 200 runners are on the course during a meet. “Lynchburg is known as the Hill City, so it is fitting that the hills along the course at make it challenging.” With over 160-acres to explore, over 2,000 runners grace the course annually and have the opportunity to see the varied landscape.

The property is not limited to cross-country races. Many have found the campus to be an ideal spot for a 5K. Be sure to visit HumanKind and go for a walk or run. Follow the designated path – or create your own.
Get Involved!

Want to help the hungry but don’t know how? We’ve done the work for you and have a list of the central Virginia food banks. So many neighbors rely on food banks - Help us fill them for the winter!

For HumanKind Clients: HumanKind Emergency Food Pantry,
Midtown Lynchburg Address: 2600 Memorial Ave. Suite 201, Lynchburg, VA 24501,
(434) 845-5944 x. 229, Pantry Hours: Mon-Thurs. 8:30-5, Fri. 8:30-4:00

Blue Ridge Area Food Bank - Lynchburg
501 12th Street, Suite B
Lynchburg, VA 24504-2527
434-845-4099
Pantry Hours: Monday-Friday, 8:00am – 4:30pm

Candlelight Outreach
243 Jackson Lane
Concord, VA - 24538
434-993-3677
Pantry Hours: Monday through Thursday 1-4pm

Fairview United Methodist Church
3041 Campbell Avenue
Lynchburg, VA - 24501
434-845-4024
Pantry Hours: Wednesday 11:30am-1pm, call first.

Fellowship Church of Christ
1816 Bedford Avenue
Lynchburg, VA - 24501
434-528-3924
Pantry Hours: Saturday 8-10am

First Assembly of God
3135 Fort Avenue
Lynchburg, VA - 24501
434-847-3663
Pantry Hours: 1st & 3rd Monday 9am-noon;
4th Monday 5:30-8pm

Lynchburg Community Action
926 Commerce Street
Lynchburg, VA - 24501
434-846-2778
Pantry Hours: Daily at noon

Lynchburg First Church of the Nazarene
1737 Wards Ferry Road
Lynchburg, VA 24503
434-239-4943
Pantry Hours: Call for Hours

Lynchburg Seventh-Day Adventist Church
19 George Street
Lynchburg, VA - 24502
434-239-8466
Pantry Hours: By appointment, please call

New Prospect Baptist Church
2209 Buffalo Springs Tpke
Monroe, VA - 24574
434-922-7169
Pantry Hours: Wednesday and Saturday 10am-noon

Parkview Community Missions
2420 Memorial Avenue
Lynchburg, VA - 24501
434-845-8468
Pantry Hours: Thursday 2pm to 4:30pm,
Saturday 10:30 am to 1:00pm

Smyrna SDA Church
911 Taylor Street
Lynchburg, VA - 24501
434-846-0033
Pantry Hours: Thursdays10am-noon

Solid Rock Baptist Church
110 Church Street
Madison Heights, VA - 24572
434-528-0325
Pantry Hours: Monday 9am-noon and 3rd Saturday of every month 9am-noon

MOST NEEDED ITEMS:
Peanut Butter
Canned Tuna & Chicken
Low Sodium Veggies
Fruits Packed in Juice
Spaghetti Sauce (No Glass)
Canned or Dry Beans
Hot & Cold Cereal
Whole Grain Snacks

STRONG SELF
STRONG FAMILY
STRONGER COMMUNITY

HumanKind is a 501(c)(3) nonprofit organization, Tax ID 54-0346118

150 LINDEN AVENUE, LYNCHBURG, VA 24503 | 434.384.3131 | WWW.HUMANKIND.ORG

LYNCHBURG         LEXINGTON        FREDERICKSBURG        RICHMOND        HAMPTON ROADS
Allegra’s Studio graciously worked with our Therapeutic Foster Care families’ to capture a series of black and white photographs that help tell our families LOVE STORIES.

COME CELEBRATE OUR FAMILIES
First Fridays
Academy Center of the Arts
519 Commerce Street
Lynchburg VA 24504

FEB. 2 | 5-8 PM

A show of beauty and breakthrough
Allegra’s Studio graciously worked with our Therapeutic Foster Care families’ to capture a series of black and white photographs that help tell our families LOVE STORIES.

HumanKind

Preschool Program
Little Wings Preschool is a high-quality, early education center for children ages 2 ½ - 5. HighScope certified center. Full or part-time enrollment available year round.

Enrollment Options
Full-time: 7:30 am - 6:00 pm
Part-time options:
½ day, 7:30 a.m.-1 p.m.
2 days/week
3 days/week

Rates
$115/week for Full time
$88/week for Part-time
Breakfast and a snack are provided.

HumanKind

little wings

After-School Program
Available for intersession weeks, certain holidays, professional development, half days and snow days.

Rates
$50/week After-School
$115/week Intersession
$20/day School Closings

Hours
3:30 - 6:00 PM After-School
Monday-Friday
7:30 AM - 6:00 PM
Intersession & School Closings

For more information, please contact us at:
Little Wings Preschool, After-School & Intersession Program, and Summer Camp
Phone: 434-485-8124 // Email: LW@humankind.org