



Human Kind

— encourage. empower. enrich. —

ANNUAL REPORT 2015



Looking back on 2015, I feel an incredible sense of gratitude. Thanks to you, we connect with thousands in our community, expanding our services and increasing our impact along the way. As you read the stories in this report, you will clearly see our commitment to the delivery of excellent, compassionate care to children and families. It will also be obvious that our dedicated and talented staff will not be satisfied with doing things the way we have always done them.

Although our service strategies may look a bit different today, we are still delivering the legacy care for which we have always been known. Our Therapeutic Foster Care families continue the tradition, started at our inception, of providing warm, safe homes for children at risk of abuse and neglect. Our group homes have provided fun and caring homes for adults with intellectual disabilities since the 1960s. Ways to Work, our credit repair and vehicle loan program, continues to help families achieve their employment, education, and financial goals, just as it has for the past 15 years.

Our Healthy Families team has been joining with families on the

early childhood parenting journey for over 18 years. And in 2016, the Child Care Resource Center will celebrate 20 years of initiatives dedicated to improving the quality of child care. Your support sustains these services. And your support ensures we explore new opportunities to address needs and expand our impact.

We were blessed with many opportunities in 2015 and discovered new ways to cultivate community success. With United Way's support, we now partner with Lynchburg City Schools to get pre-kindergarten children on track for success in school. With a homeless coalition, we are providing relationship-based support to assist individuals in moving to permanent housing and productive lives.

HumanKind's emphasis on collaboration leverages relationships to expand our collective impact and we are humbled by the trust placed in us by new partners each year. In partnership with Master Gardeners, the Virginia Tech Cooperative Extension, the Boys and Girls Club, and our local YMCA, the Presbyterian Homes Campus in Lynchburg is now home to community gardens, which we will use to address "food deserts" and educate children on "seed to table". In addition, Blue Ridge Autism and Achievement Center (BRAAC) opened a satellite location on our campus, educating and providing services for children and families affected by autism and unique learning challenges. We solidified a partnership with Virginia LISC and are poised to open a Financial Opportunity Center at the Partnership for Families Northside in Richmond. This partnership will offer employment services and benefits access to current and potential Ways to Work participants, which will serve to increase their chances for long-term financial success. Learn more about LISC at www.lisc.org.

On the wild side, we ventured up 22 stories to go Over the Edge for HumanKind. This new event helped raise awareness of our mission and impact, while attracting new donors and volunteers, rallying around our cause.

Our new name HumanKind now feels like a comfortable pair of shoes, allowing us to walk confidently into the future. It may not be possible to ever measure with certainty the impact of the name, but the new opportunities, partners and supporters provide us strong evidence that it has been a terrific fit for the history and future of our 110 year mission!

Thank you,

Bob

Robert S. Dendy, Jr.
President and CEO, HumanKind

LIVING OUR VALUES

From cultivating positive, nurturing parent-child interactions to providing clinical support services for children to providing safe, supportive homes for adults with intellectual disabilities, and much more, our dedicated staff forges trusting relationships with the people we serve and makes positive, lasting impacts on their lives.

They truly embody our mission of strengthening individuals and families through care, counseling and education, and live our values of Developing Potential, Diversity, Excellence, Integrity, Service and Teamwork. This spirit is celebrated with our annual "Living the Values" awards. In 2015, the following staff members were chosen by their peers for exemplifying these values. Here's a sampling of what their peers wrote about each award recipient in their nominations.



Developing Potential • Donnetta Davis

"As the Lead Family Support Worker in our Healthy Families program, Donnetta consistently seeks to develop the potential of her clients, as well as developing the potential of her teammates. She tailors her interactions toward others' strengths and helps to match them with needed resources and encouragement. A dedicated team member, Donnetta seeks the best for everyone around her."

Diversity • Brittany Smith

"Brittany practices and promotes diversity every day in her role as a Healthy Families supervisor. She not only has the ability to connect with clients from differing backgrounds and embrace their varying stages of life, but is also able to accept and embrace others' viewpoints and ideas, even if they differ from her own. Brittany demonstrates the value of diversity every day."

Excellence • Bethany Hill

"As the Director of our Little Wings Preschool, Bethany's passion for excellence is infectious and unwavering. She believes that all children, regardless of race, socioeconomic status, or ability, deserve the highest quality early childhood education, and she delivers it. She and her team work harder and become more innovative every year, while continuing to provide excellent customer service with a smile."

Integrity • Mary Jenkins

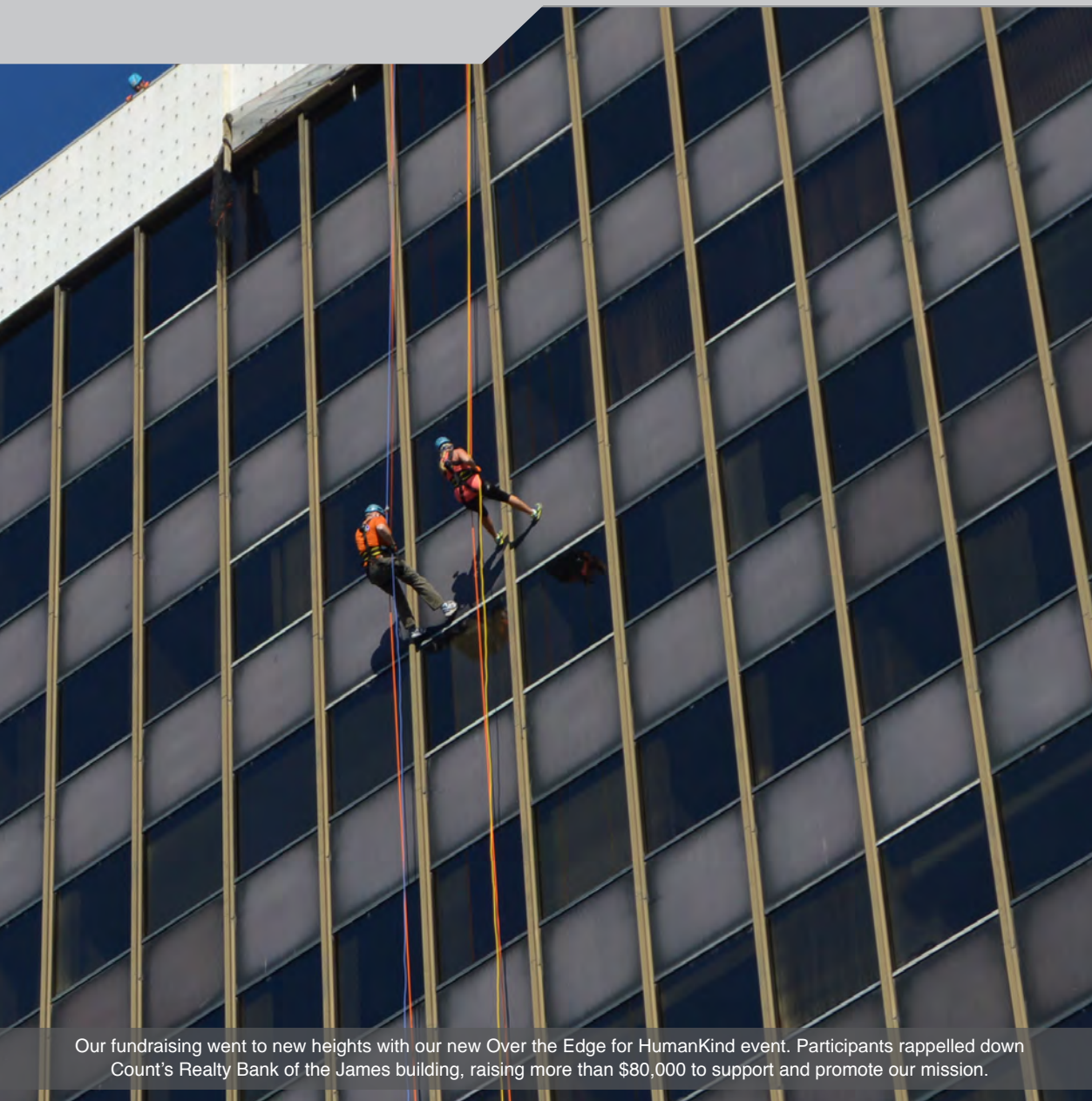
"In her role as the Assistant Program Manager of Zuni's Camp House, Mary has a well-deserved reputation for doing everything by the book and consistently holding true to that standard. She doesn't seek or expect recognition of her work, but simply identifies what needs to be done, does it and moves on to the next task. Mary serves as a role model in her commitment to the clients and in the professional and considerate manner with which she interacts with others."

Service • Korin Ballengee

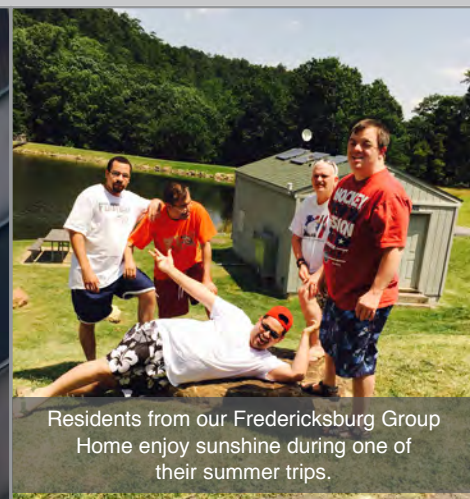
"As the Training Manager [for HumanKind] and one of the first faces many new employees see, Korin works diligently to meet each participant's needs and make everyone feel welcome. Through team participation and providing support for agency trainers, she demonstrates her willingness to serve others while treating them with respect, courtesy and caring. "

Teamwork • James Meador

"As the Community Awareness Coordinator, Jim is the first to lend a hand if others are in need as well as to point out how the efforts of others have assisted in goal achievement. His transparent and open communication style has led to many opportunities for collaboration within and outside of HumanKind, and has been the catalyst for recent program expansion."



Our fundraising went to new heights with our new Over the Edge for HumanKind event. Participants rappelled down County's Realty Bank of the James building, raising more than \$80,000 to support and promote our mission.



Residents from our Fredericksburg Group Home enjoy sunshine during one of their summer trips.



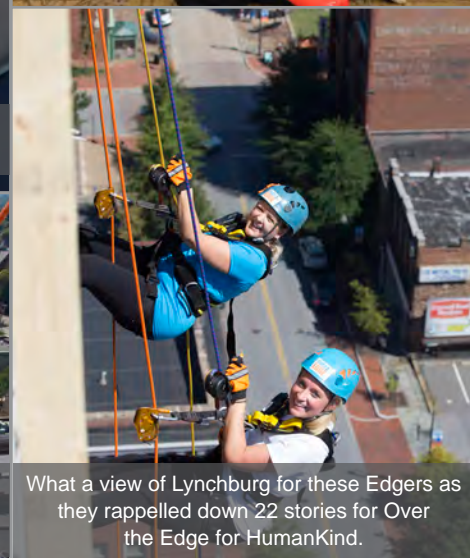
The Early Childhood Development team strikes a funny pose at the 2015 VAECE conference.



It's all smiles for participating contestants at our fundraising event, Spell-It with HumanKind Executive Spelling Bee.



Girl power! Edgers Barbara Roakes and Marjette Upshur aren't afraid of heights and are happy to go Over the Edge for HumanKind.



What a view of Lynchburg for these Edgers as they rappelled down 22 stories for Over the Edge for HumanKind.



Our Healthy Families program develops confident parents who provide safe environments where happy, healthy children can thrive.



Our annual Turkey Trot sponsored by Wells Fargo is a great family-friendly event and fun way to kick off the Thanksgiving holiday. This year, nearly 3,000 people joined us downtown for the 5K, Fun Walk and Youth Mile.



The generosity of Toy Run, Inc. once again brought toys and smiles to our Presbyterian Homes Campus.



Ways to Work fair-interest loans provided reliable transportation and credit repair to moms like this one in Richmond.



Dozens of children enjoyed our Little Wings Preschool Fall Festival.

FAMILY-EDUCATION PARTNERSHIP

“Thank you for bringing me information and materials to help me teach my children.” – Tameka, program participant

Like Tameka*, many parents sending a child to school for the first time could use the support and guidance of someone trained and trusted to help them along the way. Having additional support from someone who understands both the family and the child’s needs can make a big difference as parents learn how to partner with teachers and school administrators. Through HumanKind’s Family-Education Partnership (FEP), families have a reliable resource for support and advice while learning skills to help each child be successful in school. Thanks to your generosity, this is possible.

New to HumanKind in 2015, Family-Education Partnership is a home visiting program that utilizes the Growing Great Kids curriculum to support and encourage families with preschool children. The FEP staff meets with each family in the home twice per month and assists them in identifying and working toward goals developed by both the family and the



FEP staff. The program also serves as a bridge between families and the school system. Once enrolled in the program, the FEP staff are able to continue working with families through the first grade, providing ongoing support along the way.

Any family with a child enrolled in the Lynchburg City School’s Pre-K program may participate. The program is free of charge and does not require Medicaid or other forms of insurance. This program is funded through an Education Readiness Initiative grant from the United Way of Central Virginia.

PERMANENT SUPPORTIVE HOUSING

Because of your support, we were able to serve a new population in need this year – the homeless. In Lynchburg, we were invited to enter into a partnership with the Lynchburg Redevelopment and Housing Authority that provides Permanent Supportive Housing (PSH) to homeless individuals through Housing First Lynchburg. This new program is designed to help individuals with documented physical or mental disabilities (as well substance abuse issues) obtain and maintain independent housing.

97% of our clients earn less than \$10,000 per year and 100% of our clients have a disabling condition, so we help them find and secure independent and stable housing.

Once they have shelter, we develop individualized housing plans to help participants connect with services to maintain their housing. This program creates stability in participants’ lives through developing monthly budgets, scheduling appointments, mediating conflicts with landlords or other tenants, and encouraging them to pursue their goals.

From Our Event:

over
EDGE
FOR *HumanKind*

**700 NEW
DONORS**

NEW COUNSELING CENTER LOCATION

With your help, we're reaching more people in more places to positively impact their lives. In 2015, our Mental Health Services saw growth when we opened a second location of the Counseling Center. In addition to the existing center located on Memorial Avenue in Lynchburg, there is now a new location at HumanKind's Presbyterian Homes Campus on Linden Avenue. Both locations provide caring, confidential, professional mental health therapy to individuals and families experiencing emotional or psychological challenges.

Some of the challenges we treat include family dysfunction, relationship stress, anxiety disorders, panic attacks and phobias, post-traumatic stress disorder (PTSD), depression and bipolar disorder, obsessive compulsive disorder (OCD), anger management, addictions/substance use, personality disorders, and faith-based issues.

Did you know that our Counseling Center also offers unique services like extended sessions (90, 120 and 180 minutes) and same day appointments? These things wouldn't be possible without the support of donors like you.

Family-Education Partnership

"I really enjoy this time together. It's our family time...the TV isn't on and we don't have our phones around. Since we started this program, [my daughter's] behavior has gotten better."

-Crystal, FEP participant

Permanent Supportive Housing

"This program is a God send... without it, I would be walking the streets in the cold, rain, heat all day with all of my health problems... I can take care of myself since I have my own apartment and I don't have to stress over where will I sleep, eat, and rest anymore." – Male, age

The Counseling Center: A Rare Find

* Only one of few counseling clinics in the Boonsboro area.

* The only clinic in Virginia listed on the Epilepsy Foundation's National Referral registry for the treatment of psychogenic non-epileptic seizures (PNES).

BRAAC: OUR NEW NEIGHBOR

We're energized about the new neighbors on our Presbyterian Homes Campus! The Blue Ridge Autism and Achievement Center (BRAAC) moved into one of our cottages and we're excited about this partnership. BRAAC is a nonprofit, nonsectarian center that provides education and services for children and families affected by autism and unique learning challenges, such as learning disabilities. It was founded in 2009 through a merger of two similar programs whose missions were the same.

"BRAAC has been essential in Maddie's success for everyday life. As far as my family is concerned, BRAAC is the #1 resource for autism in southwestern Virginia." - Diane Martin Bell, BRAAC mom

COMING SOON

Our Child Care Resource Center has partnered with Central Virginia Community College (CVCC) to offer the Child Development Associate (CDA) class on their campus. This course gives early childhood educators the knowledge they need to complete the CDA exam, which is essential to earning the CDA credential that gives educators the qualifications they need to become directors and leaders in the child care community. Your contribution helps build partnerships such as this that lead to strong foundations for the future of our community.



GROWING COLLABORATIONS



The seeds of an initiative that's been many years in the making started to grow this year as we began work on our Community Gardens project. In partnership with Virginia Tech, Hill City Master Gardeners, the Boys and Girls Club and the Y, we prepared a plot of land on the Presbyterian Homes Campus to begin planting and growing fruits and vegetables. With your support, and the community's support, we hope to grow a few small plots to demonstration and production gardens. Short term, the project will provide education on "seed to table", small plots for groups and families that choose to work them and "gleaning" for families who need food.

We recognize that both the activity of gardening and the end product are healthy for children and adults alike and wish to provide both to communities in need. Along with our partners, we wish for children to have a chance to learn from the activity of preparing, planting and harvesting in these gardens. The fruits and vegetables grown here will be donated to participants and partners. Stay tuned ...this will be an exciting project to watch grow in 2016.

DREAM RIDE CELEBRATION

Greg, a resident in the Lynchburg Adult Group Home, was chosen out of 1,100 participants in Central Virginia Special Olympics to go on the Dream Ride Celebration in Connecticut. He was joined by 145 other athletes from all across the country, Australia, and St. Kitts and Nevis. Golden McDaniel, who works in the group home, was Greg's guest when they flew to Connecticut for a long weekend of fun at the Farmington Club. The Club had classic and exotic cars for the weekend, athlete activities, great entertainment and a country concert that took place the night after the Dream Cruise. The Dream Ride Experience is a culmination of years' worth of fundraising events, activities and outreach. It is an event to celebrate the achievements of Special Olympics athletes and to honor these outstanding men, women and children living with intellectual disabilities in our communities.



OPEN HEARTS, OPEN HOMES

HumanKind's Therapeutic Foster Care program is thriving, thanks to families who made the decision to open their hearts and open their homes to children and teens in need of a loving, safe and stable environment. HumanKind's program offers extensive training, ongoing education, a tax-free monthly stipend, support groups and respite care – all to support and encourage families fostering children.

HumanKind's Therapeutic Foster Care program started in 2011. Since then more than 75 children have been placed in loving homes. Of those children, nine have been adopted into forever homes by their foster families.



AMAZING PARTNERSHIP

An amazing partnership is allowing families in our Healthy Families program to experience Amazement Square. Because of a special subsidized membership, participants in our Healthy Families program are able to enjoy the museum with their children.

"I have taken several families who have challenges playing or bonding with their children. The museum's interactive and engaging environment has helped these parents to relax and create positive memories with their children."

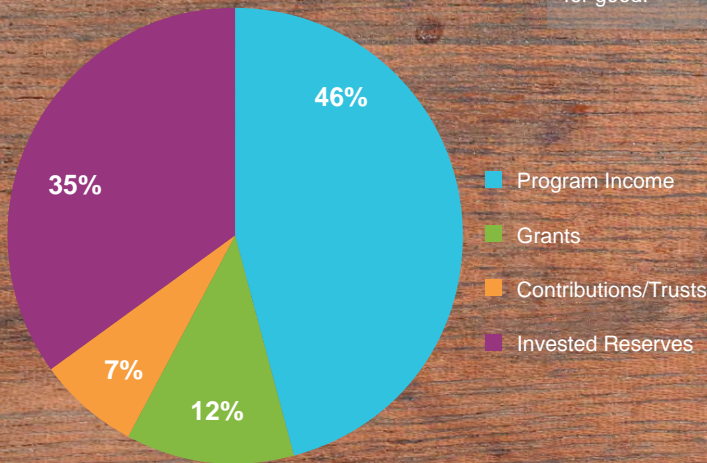
– HumanKind Family Support Worker

Healthy Families promotes positive interactive parenting and developing happy, healthy children. It's a home-visiting program that serves parents from pregnancy through the child's fifth birthday.

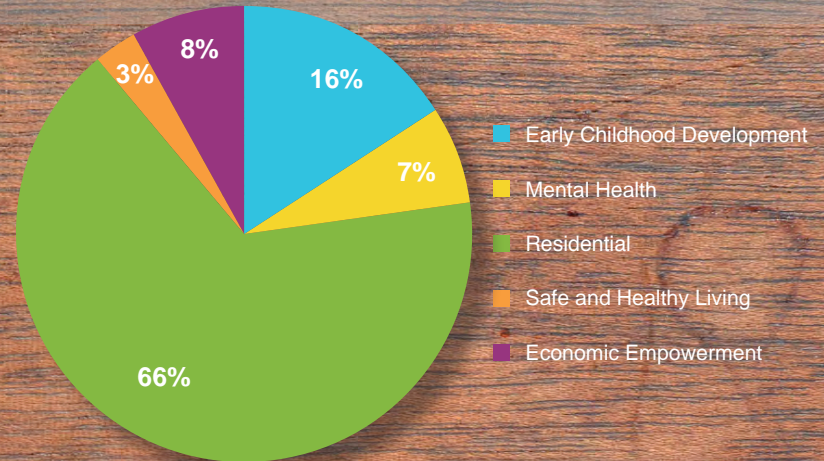
FINANCIALS

HumanKind continues to leverage an array of funding sources in support of programs in our five program focus areas. Donors, past and present, as well as earned grants continue to provide more than half of our annual funding. We truly value the relationships with our faithful supporters and are pleased to be making new friends who are excited by our mission of service. Diverse funding and new support are critical to sustaining our mission for a second century!

Our audits continue to be CLEAN with strong financial management, serious fiduciary commitment and impressive controls. HumanKind donors deserve to know there is integrity in the way we leverage dollars for good!



Operating Revenue: 11,258,017



Operating Expenses: 11,258,017



THANK YOU: A VOLUNTEER SPOTLIGHT

Here at HumanKind, our work wouldn't be possible without the generous support of others, including our volunteers. Tammy Brown is one of them. She started volunteering with HumanKind a year ago, serving on the Ways to Work, Lynchburg loan committee. More recently, she's been an instructor for the Ways to Work, Lynchburg Financial Literacy Class.

"As a local banker, my God-given talents are in the areas of finance. I believe HumanKind is a perfect match (for me) as we reach our community."

Tammy participates in many HumanKind events and, in September, went Over the Edge for HumanKind. When asked about why she chooses to give of her time to HumanKind, she answered, "HumanKind gives a holistic approach to helping those in need. Anyone can find a place to belong (here) as we together strengthen individuals and families in the community."

It's because of amazing volunteers like Tammy, and committed supporters like you that lives are being changed for the better.

A BRIGHTER FUTURE

When you support HumanKind, you're helping the thousands of people we serve. People like Sara.

At 39, Sara was unemployed, pregnant, estranged from her daughter and battling bipolar disorder. After being hospitalized for suicide attempts, she left her child with her mother and moved to a shelter.

Then, because of generous supporters like you, her circumstances began to change. She sought help from HumanKind's Mental Health Skill-Building Services and began working with our team on anger management, forming and maintaining healthy relationships, medication management, social skills and preparing for the working world. With the team's help, Sara's commitment improved her ability to function in her daily life.

Today, she has reunited with her daughter, acquired independent housing and is holding down a steady job. Because of you, Sara's future is looking bright. When you give to HumanKind, you pave the way for a brighter tomorrow for thousands of children, families and individuals.



GET INVOLVED!

Ways to connect with HumanKind



Are you interested in learning more about the work of HumanKind? Are you looking for ways to get involved and connect with us? There are many ways you can give back to HumanKind, whether it is with your time, talent or treasure.

- Lend a hand and **VOLUNTEER** in one of our programs or at one of our many events.
- Have fun with us and **PARTICIPATE** in one of our events! Go Over the Edge, trot with us on Thanksgiving or have fun with us at our annual Spell-It with HumanKind event.
- **ENGAGE** with us on social media. Be sure to like us on Facebook, follow us on Twitter and check out our Instagram account. Stay connected on the latest happenings here at HumanKind.
- Make a forever impact by making a **GIFT** to HumanKind. Your financial support ensures children and families are able to improve their quality of life through our programs.





Presbyterian Homes Campus
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Lynchburg, VA 24503

