



HumanKind

2016

ANNUAL REPORT

STRONG SELF
STRONG FAMILY
STRONGER COMMUNITY

humankind.org



Mission

HumanKind is a non-profit human services organization that strengthens individuals and families through care, counseling, and education.

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Robert S. Dendy Jr.
President/CEO
HumanKind



Dear Friends,

In gratitude to our staff, partners, volunteers and donors supporting our mission of strengthening individuals and families, we share 2016 *with you*. We are blessed to be led by our dynamic and *diverse* Board of Directors providing vision and support for *service* delivered with *integrity* and *excellence* while exploring opportunities to make an even greater impact.

For more than 100 years HumanKind has responded with heart, soul and practical resources to the evolving needs of the most vulnerable members of our society. Demonstrating resilience while modeling our value of developing potential, our services are constantly adapting to a rapidly changing world. Like all changes, we experience the loss of the way things were while building a path to where we and those we serve can thrive.

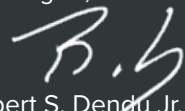
HumanKind teaches children and families how to persevere through their unique challenges. Those without families learn how to *become* a family. Those with mental health needs and developmental disabilities find strength and independence. Those without employment, housing, or transportation are guided through the process of filling those critical needs, with HumanKind staff becoming the supports most of us take for granted in our family, friends and social networks.


As in any family or business, each year brings celebrations and challenges. While there were many for HumanKind in 2016, we lift up in celebration our collaboration with Local Initiatives Support Corporation (LISC) to bring a *Financial Opportunity Center* to Richmond. Our greatest challenge was responding to federal legislation regarding rural and campus based living for Individuals with Developmental Disabilities. This mandate led us to begin transitioning all 40 of our Zuni friends into community-based settings. Despite the sadness that comes with change, our staff and volunteers prayerfully and carefully walked with our families step-by-step, finding excellent homes with new and exciting beginnings.

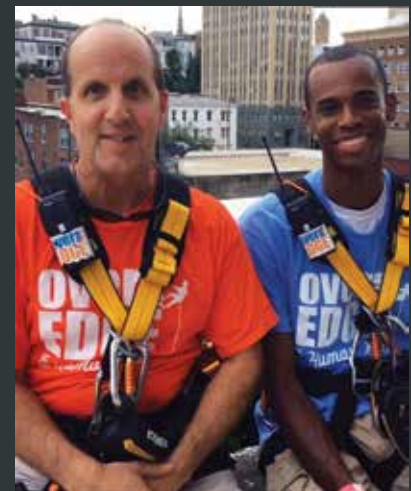
As you might imagine, this is challenging and gratifying work, joining children and families on courageous journeys, navigating grief, deep insecurities, discrimination, illness and obstacles to employment, education and housing. We ask that you join us in our vocation by continuing to give, to volunteer and to pray for our mission of strengthening the people and communities we serve.

As you read, we hope you will be inspired by a century of service, comforted by the integrity of relationships built today and confident in the opportunities just ahead.

Thank you,


Robert S. Dendy Jr.
President/CEO
HumanKind


Michael Elliott
Chairman of the Board, HumanKind
Chief Operating Officer, Centra



Bob Dendy and Michael Elliott went Over the Edge for HumanKind in 2016 helping raise vital funds to support programs and services.



WE STRENGTHEN INDIVIDUALS AND FAMILIES AND LIFT THEM UP TO INSTILL HOPE.

For more than 113 years, **HumanKind's** mission has been consistent, providing guidance and assistance to those striving to live better and healthier lives. We have been resilient and built momentum, awareness and success in this approach. Today, building on this history of faithful service, HumanKind serves as a catalyst for community

action, addressing the complex challenges faced by thousands of children, individuals and families in our region and across the state of Virginia.

We believe community well-being starts with a solid foundation for everyone. Our unique wraparound approach allows our most vulnerable neighbors

to achieve stability and strengthen their capacity to thrive in our communities.

To better amplify our impact, we partner with a growing network of engaged donors, foundations, and community leaders to effectively leverage valuable resources and collectively ensure our communities remain vibrant for everyone.

ADMINISTRATIVE OFFICES

150 Linden Avenue
Lynchburg, Virginia 24503
(434) 384-3131

PROGRAM LOCATIONS AND OFFICES ACROSS VIRGINIA

Fredericksburg	Lynchburg
Hampton Roads	Richmond
Lexington	

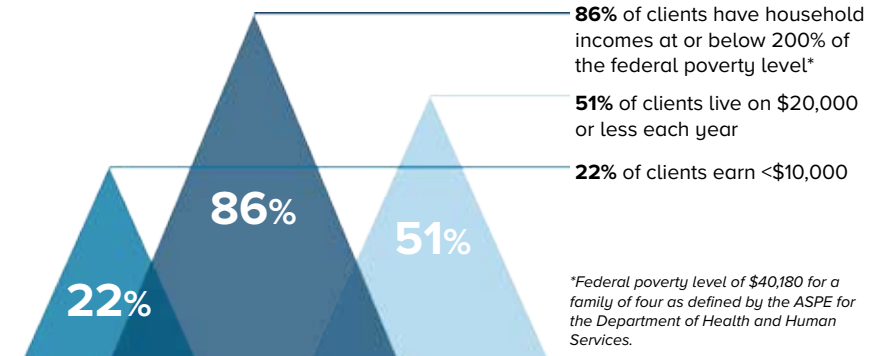
Learn more at www.humankind.org!

OUR WORK MAKES A DIFFERENCE IN OUR COMMUNITY

HumanKind offers programs and services in Fredericksburg, Hampton Roads, Lexington, Lynchburg and surrounding counties (Amherst, Appomattox, Bedford, and Campbell), and the Greater Richmond region.

6,478 individuals served through our programs and services in 2016.

INCOME



AREAS OF IMPACT

Youth & Family Services

Early Childhood Development

Mental & Behavioral Health

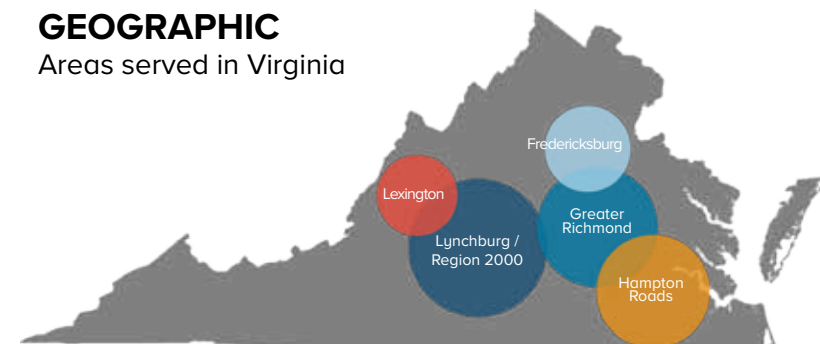
Economic Opportunity

Developmental Disabilities

Health & Wellness

GEOGRAPHIC

Areas served in Virginia



RACE AND ETHNICITY

Hispanic/Latino	2%
African-American	59%
Caucasian	33%
Multi-racial/-ethnic	2%
Asian	1%

2016 HIGHLIGHTS:

- Financial Opportunity Center** opened in Richmond in partnership with **Local Initiatives Support Corporation (LISC)**
- 100% of **Mental Health Community Supports** clients avoided re-hospitalization
- Therapeutic Foster Care** saw the highest number of children served in program history handling more than 150 referrals.
- The **Housing First Lynchburg** program was introduced to provide supportive services for individuals with disabilities who are homeless
- Healthy Families** received funding that increased capacity of the program for Central Virginia by more than 50%
- Family Education Partnership** completed its first school year and saw 90% of their students with improved literacy screenings



AREA OF IMPACT: EARLY CHILDHOOD DEVELOPMENT

Innovative programs in early learning and development; partnerships with organizations to address underserved children and families; programming that emphasizes inclusion; and active collaborations with parents and educators reflect HumanKind's vision as a catalyst for connection in the impact area of early childhood development.

Photo: Little Wings student and her teacher dig in the sensory box at the Little Wings Fall Festival on the Presbyterian Homes campus front lawn.

Child Care Resource Center (CCRC)

Thirty-two percent of children in Lynchburg and 25% in the surrounding counties do not pass their third grade reading exams. This is not only a literacy issue, but is indicative of a breakdown in overall early childhood development which will have long lasting impacts on that child and on society. With approximately 55% of children under age 5 spending around 36 hours each week in child care, addressing the quality of

care provided in these centers is a key strategic piece in addressing this early childhood development problem. In 2016, CCRC **provided more than 100 referrals** to high quality child care centers, **provided 86 coaching sessions** to providers and through partnership with **Central Virginia Community College**, saw **29 individuals participate in the Child Development Associate class**.

1,425
hours of
training
provided



Healthy Families

The program is designed to support all parents in our community, including those facing challenges such as mental health, substance abuse, domestic violence, and poverty. By building long term relationships with families that begin during pregnancy, *Healthy Families* nurtures parents so that they can provide the best start for their children throughout the first five years of life. Through mentoring, educating, and coaching parents, children grow up to be healthy, happy, and ready to learn as parents become more confident, stable, and self-sufficient.

2,114
home visits
provided

Family Education Partnership

HumanKind's **Family-Education Partnership** began in July 2015 funded by **United Way of Central Virginia's Education Readiness Initiative**. The program completed its first year of operation in June 2016 at the end of the **Lynchburg City Schools'** academic year **providing more than 600 visits in 2016**.

90%
of students
showed
improvement
in literacy
screenings

In partnership with Lynchburg City Schools, HumanKind home visitors work with families of pre-K students who need additional support to be ready to succeed in kindergarten. The program helps parents promote a love of learning at home and expands parents' knowledge of their children's developmental needs. It also increases family engagement with the school by hosting parent nights, encouraging parent involvement in teacher conferences, and having parents read in the classrooms.

Little Wings Preschool and After-School

A *HighScope* certified center, **Little Wings Preschool** provides a strong foundation in learning for children ages 2 ½ - 5 years. Having a focus on nurturing and developing each child's potential through active engagement in the world around them, ensures that they reach important milestones before kindergarten. Launched in 2016, **Little Wings After-School**

provides students in grades K-5 with opportunities to complete homework plus engage in gross motor activities during after-school hours and school breaks. The addition of this program added new space to the existing school by finishing the lower level and increased overall capacity for school age kids in the summer months.

95
children
served

Financial Opportunity Center Opens in Richmond

With bundled services proven to be the most effective way to help low-to-moderate income families improve their financial security over the long-term, in June of 2016, HumanKind launched a **Financial Opportunity Center (FOC)** in Richmond’s Northside neighborhood. The Center was launched in partnership with Local Initiatives Support Corporation (LISC) and follows the national FOC model.

HumanKind’s FOC builds participants’ financial well-being through one-on-one coaching and supplemental workshops in each of the **three main focus areas: financial education, employment coaching and benefits access**. The FOC’s one-on-one methodology allows program staff to connect with each client to understand barriers to success and provide highly specific training and resources. The skills, resources and opportunities that are the



FOC participants meet with Financial Specialist Yolanda Hilliard.

fruit of these one-on-one sessions all have one purpose: to bring the client to a place of stronger financial stability.

The FOC has established a strong **partnership with the Henrico County School System**. The FOC received a \$25,000 grant from **United Way of Greater Richmond** to facilitate outreach in all 23 Title I schools in Henrico County. These funds support program awareness of our services and financial literacy workshops.

Ways to Work: Lynchburg and Richmond

Ways to Work is a national program model which is facilitated by a network of human services organizations across the country. HumanKind brought the program to Lynchburg in 1999 and to Richmond in 2012. The Richmond program serves the Greater Richmond Region including Henrico and Chesterfield counties and the Tri-Cities of Petersburg, Colonial Heights and Hopewell.



The focus of *Ways to Work* is to work with clients whose previous credit history limits their access to traditional

financing, but who need reliable transportation in order to broaden their career opportunities and take care of their family’s needs. The program bundles financial education with provision of fair-interest car loans,



followed by ongoing case management through the completion of the loan.

Photo: Left, Kamylah Guest purchased a car through the Richmond Ways to Work program that enables her to better support her family. Above, community partner **BB&T** offered free credit reports to participants on their financial education **BB&T Bank Bus**.

FINANCIAL OPPORTUNITY CENTER

150 individuals served in 2016;
50 % above the established goal for the first year.

64% of participants gained employment or a better paying job.

WAYS TO WORK

153 loans approved by *Ways to Work* loan committees with a default rate less than 6%.

1,998 total people served through *Ways to Work*: 1,013 in Richmond, 985 in Lynchburg.

AREA OF IMPACT: ECONOMIC OPPORTUNITY

Our Economic Opportunity programs create financial stability, increase self-sufficiency and advance career and educational opportunities. Through your support you are helping provide the tools necessary to move families toward self-sufficiency.

Photo: Richmond FOC participant Angela Douglas shares her story beside the FOC Employment Specialist Laura Sinclair.

AREA OF IMPACT: COMMUNITY

For more than a century we've provided safe and loving homes for those in need. Today, this remains a priority. We offer Residential Care for Adults with Developmental Disabilities, Therapeutic Foster Care and a supportive housing initiative known as Housing First Lynchburg.



In 2016, adults with developmental disabilities were served around the state including Danville, Fredericksburg, Hampton Roads, Lexington, Lynchburg area, South Hill, and our campus in Zuni.

Photos: Above, Fredericksburg Group Home residents enjoying a day out in the summer. Right, Larry and Mindy Works fostered and adopted both of their sons through HumanKind's TFC program.

Serving Adults with Developmental Disabilities

Adults with developmental disabilities experience high rates of abuse, neglect and exploitation. They have increased health risks, including higher rates of obesity, sedentary behavioral patterns, poor meal/nutritional habits and even Alzheimer's disease.

HumanKind provides and facilitates safe and loving environments for adults with developmental disabilities, helping them lead full and meaningful lives. Staff take an active role in ensuring the quality of our residents' lives, helping them set goals for their own personal development, encouraging an active role in the community, and empowering residents to be as self-sufficient as possible.

As federal regulations from the Department of Behavioral Health and Developmental Services changed, our Zuni Campus began transitioning residents into smaller community-based settings including HumanKind's group homes, supervised apartments and the development of new sponsored home options in the Tidewater area. Some individuals chose to return home with family members or relocate into another group home in the area.

Thanks to the generosity of churches, corporations, service clubs, foundations and individual donors, **we have provided more than \$60 million in charitable care to hundreds of individuals with developmental disabilities since opening the Zuni Campus in 1967.**



156

referrals made for therapeutic foster placement in 2016.

91%

of individuals who maintained stable housing through the *Housing First Lynchburg* program.

Therapeutic Foster Care

Our foster care program is designed to place children with emotional or behavioral issues in safe, loving homes with specialized care. TFC provides around-the-clock support, ongoing training for foster parents and a network of professionals to assist with daily needs. Emphasis is placed on permanency – it's always our goal for children to be adopted, return to their biological family, or to successfully transition into adulthood.

In 2016, TFC served its highest number of children and families to date with 156 referrals.

Supportive Housing: Housing First Lynchburg

Housing First Lynchburg is part of our region's Continuum of Care homeless response system. We partner with the **Lynchburg Redevelopment & Housing Authority (LRHA)** to provide case management and database management to the chronically homeless population through the HUD service of Permanent Supportive Housing (PSH). As a critical component of the homeless response system, this program provides education related to healthy development and family functioning. Our supportive services are paired with financial assistance (vouchers) from LRHA to achieve housing stability.

10,707

People used the gymnasium on HumanKind's Presbyterian Homes Campus for sports related activities.

500

Youth swimmers from regional camps & community organizations used HumanKind's pool daily during summer months.



Community Resource for Health & Wellness

In collaboration with **Hill City Master Gardeners**, the **Davis Instructional Garden** was cultivated through rain collection, composting, irrigation, and soil testing. Plots were established with fruits, vegetables, herbs and flowers. In partnership with **Virginia Cooperative Extension**, **Virginia Tech**, **YMCA** and **Hill City Master Gardeners**, this garden will provide a demonstration garden and harvest for our participants and partners.

Indoor and outdoor activities continue to make great use of our campus including the pool, fishing pond, gymnasium, pavilion, walking trails, summer camp, 5K races, disc golf, Boy Scouts, rocket launching, STEM projects, and several festivals and family events. The campus welcomes cross-country teams from all over the region and is the home course for **Linkhorne Middle School**, **E.C. Glass High School** and **Virginia Episcopal School**.

Mental Health

Programs offered through **Mental Health Services** help children, teens and adults overcome emotional, behavioral and psychological challenges while keeping families together. **Intensive In-Home** and **Community Supports** services work to strengthen families by providing support, stability and independence in their home. Many times, these services are what help individuals remain in their home or in school.

Counseling Center

This outpatient clinic provides professional counseling and anger management classes for individuals and families experiencing significant emotional and/or psychological challenges. The Clinic's target audience is individuals and families who have limited service provider options and those without insurance. As one of the few access points for low-income individuals, fees are based

on a sliding scale which takes into account family size, income and ability to pay. 83% of the **Counseling Center's** clients are low-income (as established by HUD, which defines low-income as a household income at 80% or less of area median income).



Jason Wright, Ph.D., LPC, LMFT

Overseeing the **Counseling Center**, Dr. Jason Wright provides counseling services and works with a broad range of mental and emotional challenges, including psychogenic non-epileptic seizures (PNES), stress and anxiety, depression, bipolar disorder, PTSD, OCD, personality disorder, and substance abuse issues. Dr. Wright's writing on treating PNES was published in the September 2016 issue of **Counseling Today**, a publication of the *American Counseling Association* – www.counseling.org.

AREA OF IMPACT: HEALTH & WELLNESS

Through programs, services, events and use of our campus, HumanKind supports wellness efforts across the life span, from mental health, to making healthy choices, to promoting better nutrition and physical activity through recreation.



HumanKind hosts the *June 5K* in partnership with **Sports Outreach** and the annual *Lynchburg Turkey Trot* on Thanksgiving Day.

Photo: Lynchburg Turkey Trot for HumanKind, 5K Family Fun Run & Walk. November 23, 2016.

COMMUNITY-BASED PROGRAM EVENTS

HEALTHY FAMILIES PICNIC



Participants and team members from the Healthy Families program came out to Riverside Park and were treated to a cookout by HumanKind staff, volunteers and partners to celebrate the start of summer. Children of all ages enjoyed a water table, games, and face painting.

FAMILY EDUCATION PARTNERSHIP PICNIC

Children and families of the Family Education Partnership came together to kick off summer at Riverside Park's spray ground! This family cookout celebrated the end of a school year and the relationships that had been built in the creation of the partnership program.



COMMUNITY RESOURCE CONFERENCE

Community partners, staff, and educators came together for a day of learning, networking and connecting at the annual Community Resource Conference. Keynote speaker Dr. Allison Sampson-Jackson shared her expertise on how stress impacts children's developing brains and how parents and educators can build resilience in our children, families, schools, and community.



LITTLE WINGS FALL FESTIVAL

In October, Little Wings hosted a fall festival for their students and parents and also invited other local early learning centers to join in the fun on the front lawn of the Presbyterian Homes Campus in Lynchburg. Guests of all ages enjoyed pony rides, fall crafts, games, hay rides, a petting zoo, pumpkin painting and a visit from the Lynchburg Fire Department!



EASTER EGG HUNT

HumanKind's annual *Easter Egg Hunt* welcomed children and their families from Little Wings Preschool, the Healthy Families and Family Education Partnership programs to explore the Presbyterian Homes Campus front lawn, gathering eggs and making memories.



FUNDRAISING & AWARENESS EVENTS

DAY IN THE COUNTRY

For the 42nd year, *Day in the Country* welcomed residents, families, churches and the community to the Zuni Campus, hosted by the Kuwayes Committee. More than 250 people learned about our ministry to adults with developmental disabilities while enjoying a day filled with fellowship, food and fun.



OVER THE EDGE

In September, 70 community members took the challenge to go *Over the Edge* for HumanKind. *Edgers* raised funds to benefit all of HumanKind's programs and services to rappel 120-feet down the Bank of the James building in downtown Lynchburg. More than 400 people attended the *Bank of the James Viewing Party*, cheering for *Edgers* as they rappelled.



I LOVE MY FAMILY CELEBRATION

Hundreds of students, their families, and educators came out to a ceremony to honor 4th grade student winners in the *Why My Family is Special* essay contest representing more than 30 schools throughout Region 2000. In partnership with the *Lynchburg Optimist Club*, two students were awarded a grand prize education scholarship.



SPELL-IT EXECUTIVE SPELLING BEE

Business and community leaders squared off in teams to compete against each other in a spelling bee. After correctly spelling *ennui* and *falderal*, a team of area business leaders took 1st place in the 12th annual event focused on raising funds for programs and services.



PRESBYTERIAN HOMES HOMECOMING

Every June, alumni of the Presbyterian Home come home to relax, visit, and catch up at the annual Homecoming weekend. From fishing to swimming, the Lynchburg campus is abuzz with storytelling and reminiscing. James "Jeep" Canada, who lived at the home in the 1940's, traveled from California to visit and share his story about the positive impact the Home had on his life.



TOY RUN

Santa Claus came to the Presbyterian Homes Campus on a motorcycle for the 30th year, once again spreading joy and bringing gifts to residents in HumanKind's adult group home, families in the *Ways to Work* Lynchburg program and residents at the Miller Home.



HEALTHY FAMILIES HOLIDAY DINNER

Celebrating several holidays, the Healthy Families program welcomed participants, team members, and extended families to the annual Holiday Dinner.

Children and families enjoyed a holiday sing-along, door prize drawing, dancing, a visit with Santa, and a special dinner provided by HumanKind staff, volunteers and partners.



LYNCHBURG TURKEY TROT

More than 2,400 people started Thanksgiving Day off at the *Lynchburg Turkey Trot for HumanKind* presented by Wells Fargo. This year featured a new course with a start/finish line at EC Glass High School and was supported by more than 200 volunteers!

presented by

**WELLS
FARGO**

THANK YOU, COMMUNITY SUPPORTERS!

HUMANKIND IS GRATEFUL FOR THE FOLLOWING CONTRIBUTIONS RECEIVED BETWEEN JANUARY 1 - DECEMBER 31, 2016.

Foundations, Organizations and Government Agencies

- \$100,000+**
United Way of Central Virginia
Virginia Department of Health
Virginia Department of Social Services
- \$25,000 - \$99,999**
Bedford Department of Social Services
Capital One
Community Foundation Serving Richmond & Central Virginia
County of Henrico
Local Initiatives Support Corporation (LISC)
Lynchburg Redevelopment and Housing Authority
Obici Healthcare Foundation, Inc.
SunTrust Foundation
United Way of Greater Richmond & Petersburg
Virginia Foundation for Healthy Youth
Virginia Nonprofit Housing Coalition
Wells Fargo Foundation
- \$10,000 - \$24,999**
Appomattox Department of Social Services
Campbell County Department of Social Services
Franklin Southampton Charities
Greater Lynchburg Community Trust
Herndon Foundation

- NiSource Charitable Foundation
The Andrew Horsley Easley and Anne Owen Easley Charitable Trust
- \$5,000 - \$9,999**
BB&T
Camp Foundation
Camp-Younts Foundation
Child Care Aware of Virginia (CCA-VA)
KOVAR
Ruth Camp and Henry Campbell Foundation
Walter J. Payne Foundation
- \$2,500 - \$4,999**
Maximus Foundation
Virginia Department for Aging and Rehabilitative Services
Warden Family Foundation
- \$1,000 - \$2,499**
Food Lion Charitable Foundation, Inc.
Retail Merchants Foundation, Inc.

TO REVIEW OUR COMPLETE 2016 HONOR ROLL LISTING OF DONORS AND FUNDERS, PLEASE VISIT WWW.HUMANKIND.ORG/GIVE/SUPPORTERS.

Businesses and Supporting Partners

- Founders’ Council**
\$10,000 - \$24,999
Wells Fargo Bank
- Trustee’s Council**
\$5,000 - \$9,999
Bank of the James
BB&T
Berglund Toyota
BWX Technologies, Inc
Counts Realty & Auction
Dodson Pest Control
Opportunity Lynchburg
Piedmont Community Health Plan
The News & Advance
- Benefactors’ Society**
\$2,500 - \$4,999
Billy Craft Honda
Fleet Laboratories
Campbell Insurance
Centra
Scott Insurance
WSET-13
- Guardian Society**
\$1,000 - \$2,499
Anonymous
Cherry Bekaert LLP
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Gatorade
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HSC Wealth Advisors
Kiwanis Club of Lynchburg
Liberty University
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MedExpress Urgent Care
Member One Federal Credit Union
Moore & Giles
Morgan Stanley Smith Barney
Panera Bread
Ramsey Cabinets
Rehab Associates of Central VA
Robinson, Farmer, Cox Associates
Schewel Furniture Company
Southside Electric Cooperative
Sports Outreach Institute, Inc.
Wiley I Wilson
Woods & Rogers PLC

PLANNED GIVING

Leave Your Legacy

We all leave legacies – legacies of good stewardship and faith, legacies of love and of deeply held values, legacies to family and to whomever or whatever may be most important to us.

Many generous supporters have elected over the years to leave a legacy with an estate gift to HumanKind, and we are grateful.

They have helped us remain sustainable and relevant to the changing needs of the communities we serve.

To continue to sustain our mission for future generations, we seek to build on this legacy of generosity. That’s why we humbly ask our supporters to consider how an estate gift could shape your legacy – and support our mission.

A bequest is one option for making a planned gift. You also can leave a gift of property or make HumanKind a beneficiary of a life insurance policy, IRA or charitable trust.

Should you decide to make arrangements for a legacy gift to benefit our mission, we hope you will let us know so that we may include you in our **Maxwell Living Legacy Society**. Joining the *Maxwell Society* creates no legal obligation. It simply allows us to say “thank you” and encourages others to follow your lead.

For more information, please call (434) 455-3627 or email plannedgiving@humankind.org.



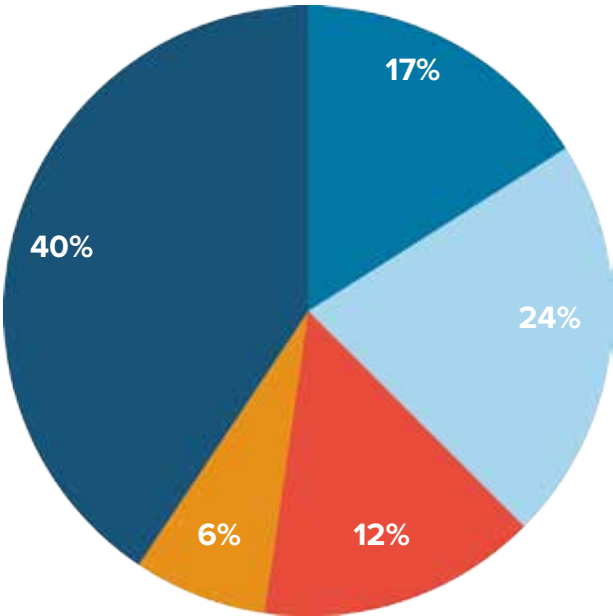
Photos: Family Education Partnership children celebrate the start of summer with bubbles at the family picnic. Right, Students from Liberty University’s College of Medicine, volunteered on our Lynchburg campus.

2,994
volunteer hours
donated in 2016.

434
volunteers donated their time
to HumanKind programs,
services, projects and events.

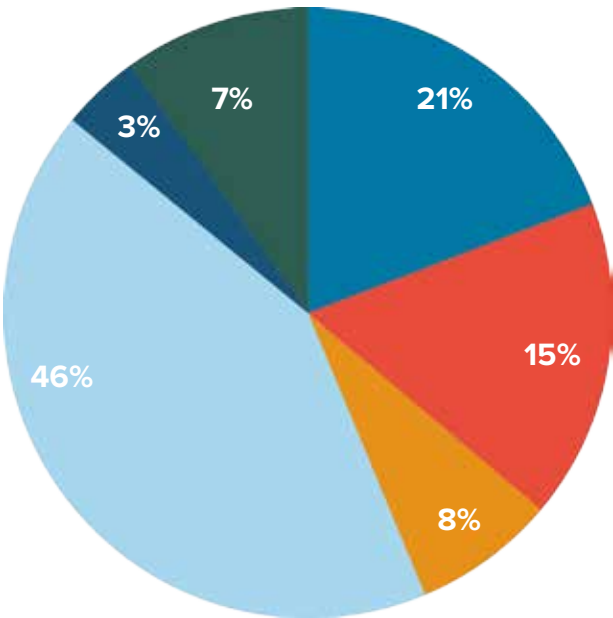
FINANCIAL OVERVIEW

Every dollar counts! We are firm in our commitment to invest your financial support and other contributions in the ways that address the most crucial needs in our community. We continue to enhance our program offerings because of the support we receive from foundations, grants, corporate, churches and individual supporters.



Operating Revenue
\$10,740,853

- Program Income
- Medicaid
- Grants
- Contributions / Trusts
- Reserves



Operating Expenses
\$10,740,853

- Administrative / Marketing / Fundraising
- Early Childhood Development
- Mental Health
- Residential
- Safe & Healthy Living
- Economic Opportunity

6,478 individuals served in 2016. Thank you for making a difference. With your help we provide programs and services that instill hope and equip people with the tools to build a strong foundation for life. We rely on donations, grants and volunteers to serve those in need and create strong connections to resources focused on helping individuals become more productive, healthy, and strong. By helping individuals reach their potential, we are building strong families and communities!

WAYS TO GET INVOLVED



HAVE FUN WITH US!

Join us for our *Community Resource Conference, I Love My Family Celebration, Over the Edge for HumanKind, Lynchburg Turkey Trot* and many more!

Visit the **Events** tab on our website www.humankind.org or follow us on social media to learn more.

MAKE A CONTRIBUTION

Your financial support will help us change lives while meeting the community’s greatest needs. Give a gift or raise funds to *rappel* and go *Over the Edge for HumanKind!*

Learn more at www.humankind.org/give.



DONATE YOUR TIME

Volunteers are a vital part of HumanKind’s rich history. Individuals, families, churches, civic groups and corporate teams contribute to our mission through annual events or recurring opportunities.

Get involved today by emailing volunteer@humankind.org.

BECOME A FOSTER PARENT

Children in our community are in need of a loving and safe home. HumanKind carefully matches each child to a trained foster family to help ensure they can reach their full potential.

For more information, contact us at TFC@humankind.org.



COORDINATE A DRIVE

Ask at your school, office, church or group to help fill our food pantry with canned food and household supplies; be *Christmas Angels* with holiday toys; prepare Thanksgiving boxes; gather school supplies, gift cards or diapers.

Contact us at communications@humankind.org.

WHAT’S TRENDING

#humankindva #actsofhumankindness
#lynchburgturkeytrot #overtheedgeforhumankind
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HumanKind
humankind.org



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